
Taheera N. Blount Ph.D., NCC, LCMHC, HS-BCP

North Carolina Central University
Department of Allied Professions
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Educational Background

August 2010-March 2017	Doctor of Philosophy, Counselor Education Cognate: International Relations North Carolina State University (CACREP-accredited) Dissertation title: A Phenomenological Study of African American Women Substance Use Recovery Experiences: Utilizing spirituality, religion, and family to achieve sustained recovery (Under the direction of Dr. Edwin Gerler).
January 2006-May 2008	Master of Arts, School Counseling, North Carolina Central University (CACREP-accredited)
August 2002-May 2004	Bachelor of Social Work, Barton College (CSWE-accredited)
August 1998-August 2000	Associate in Applied Arts, Human Services, Pitt Community College (COHSE-accredited)

Fellowships

2015-2016	NBCC Doctoral Minority Fellow, National Board for Certified Counselors (\$20,000)
2013-2014	Preparing the Professoriate Fellow, North Carolina State University (\$1,000)

Grants

January 2020	North Carolina Career Development Association, (NCCDA) \$800.00
January 2018	University of Cincinnati, Office of the Provost, National Center for Faculty Development Faculty Success Program (NCFDD) \$3,300
August 2016	North Carolina State University Diversity Enhancement Grant \$2,000
July 2016	North Carolina State University Dissertation Completion Grant, \$10,000
March 2013	Durham Public Schools Student Services Grant (for travel, per diem and boarding expenses to the American Counseling Association Conference, Cincinnati, Ohio), \$1,000.00

November 2008 Durham Public Schools Student Services Grant (for travel, per diem and boarding expenses to the North Carolina School Counselors Association Conference, Greensboro, North Carolina), \$500.00

International Study Counseling & Research

May 2012-June 2012 Graduate Student Participant, NCSU Ghana West Africa Humanities Study Abroad Program

Licensure and Certifications

2010-Present North Carolina Licensed Professional Counselor (NCLPC 8317)
2010-Present Human Services Board-Certified Practitioner
2008-Present North Carolina Licensed School Counselor (NCLSC)
2008-Present National Certified Counselor (NCC 239374)

Professional Leadership

2014-2016 **Secretary**, North Carolina Association for Multicultural Counseling and Development
2013-2014 **Membership Chair**, Nu Sigma Chi Chapter of Chi Sigma Iota
2012-2013 **Social Justice Advocacy Member**, North Carolina School Counselor Association

Teaching Experience

January 2019-Present **Assistant Professor, Department of Allied Professions**
Durham, NC

- Taught CON 5201, Ethical and Professional Orientation to Counseling
- Taught CON 5371, Pre-Practicum Counseling Skills
- Taught CON 5390, Internship in Counseling
- Taught CON 5304, Advanced School Counseling

August 2017-January 2019 **Assistant Professor and School Counseling Field Service Coordinator**
School of Human Services College of Education, Criminal Justice, and Human Services, University of Cincinnati, Cincinnati, OH

- Taught CNSL 7060, Masters Internship in Counseling
- Taught CNSL 8012, School Counseling Leadership and Comprehensive School Counseling Program Implementation
- Advised school counseling students
- Assisted with CACREP accreditation for School Counseling
- Collaborated with Cincinnati Public Schools and surrounding school districts to build partnerships

January 2016-December 2017 **Field Supervisor**, Department of Counseling and Special Populations
Lamar University, Beaumont, TX

- Provided triadic supervision to 25 school counseling practicum students each semester
- Utilized Adobe Connect & Blackboard to communicate with students
- Provided students, site supervisor and course professor written and verbal feedback

August 2014-May 2017:

Graduate Teaching Assistant, *STEM Early College High School*
North Carolina State University, Raleigh, NC

- Designed and implemented mentor program for students transitioning to college level courses
- Served as teaching assistant for Early College Liaison Instructor
- Counseled rising 11th and 12th grade students with academic and social problems

August 2013-May 2017:

Graduate Teaching Assistant, *Department of Africana Studies*
North Carolina State University, Raleigh, NC

- Served as teaching assistant for AFS 345 and AFS 240 with Dr. Craig Brookins
- Utilized Moodle to communicate with students and course professor
- Graded and record student quizzes, test, thoughtful response papers, and final exam papers.

August 2013-December 2013:

Practicum Supervisor, *Department of Counseling & Educational Development*,
North Carolina State University, Raleigh, NC

- Supervised three second year master's students enrolled in practicum
- Provided five hours of supervision per week, one hour for individual supervision and two hours for group supervision Provide individual and group supervision of three
- Served as a liaison for internship site supervisor

August 2012-December 2012:

Doctoral Practicum Student, *Department of Department of Counseling & Educational Development*, *North Carolina State University*, Raleigh, NC

- Co-taught ECD 850, Group Counseling Master's course with Dr. Edwin Gerler

Professional Counseling Experience

September 2013- September 2017

Licensed Clinician, Youth Extensions, LLC
Durham, North Carolina

- Provided outpatient clinical therapeutic services to underserved children and adolescents with identified mental health or substance abuse diagnosis.
- Conducted Comprehensive Clinical Assessments for children and adolescents.

- Provided specific treatment modalities to assist consumer and family such as psycho-educational activities/interventions designed to assist with the reduction of dysfunction.
- Services are provided with client-centered and family-centered approaches and are delivered through intensive, time-limited, goal specific interventions.

July 2008-August 2013:

Professional School Counselor, Durham Public Schools
Riverside High School and Chewning Middle School
Durham, North Carolina

- Provided individual, group, and classroom counseling
- Coordinated Freshman Orientation in which upcoming 9th grade students are given an overview of Riverside High School
- Facilitate monthly Freshman Assemblies to reduce retention rate for 9th grade students. Topics include: Making it Count, Plagiarism, Succeeding the Riverside Way, Bullying, and Cyber-bullying
- Served on the School Leadership Team
- Served as the department representative for Professional Learning Communities
- Organized and facilitated parent nights for 9th grade students
- Conduct classroom guidance activities twice per semester on topics that include: Goal setting, preparing for the 8th grade, and career options for middle school students
- Coordinated and implement student and individual, group, and career counseling
- Chaired of school-wide enrichment opportunities for 9th-12th grade students
- Chaired of Project Graduation for seniors
- Truancy Court Member

July 2009-August 2012

Mental Health Service Note Auditor (Part-time), B&D Behavioral Health, Durham, North Carolina

- Completed weekly auditing of community-based service notes based on the DiClemente and Prochaska Stages of Change Model
- Ensured notes are Medicaid billable
- Provided feedback to writers to ensure the goals, intervention, and progress section match written person-centered goals
- Completed weekly supervision forms

May 2006-July 2008:

Graduate Assistant, School of Education

North Carolina Central University, School of Alternative Licensure Durham, NC

- Assisted department chairperson, faculty members, and other professional staff

- Developed teaching materials (syllabi and visual aids)
- Assisted in field research for the Leave No Educator Behind Scholarship Program
- Coordinated, arranged, and conducted initial advisement sessions

May 2004-February 2006:

Clinical Case Manager, PORT Human Services, Greenville, NC

- Provided intensive case management to at-risk youth and families
- Developed person-centered and crisis plans to reflect consumer's current needs
- Coordinated wrap-around services such as outpatient therapy, residential placement, and community support services
- Served as liaison with the Department of Social Services, Juvenile Justice, and School officials

September 2000-May 2004:

Mental Health Technician, Pitt County Memorial Hospital Behavioral Health Unit, Greenville, NC

- Provided direct patient care on the adult, geriatric, and mentally impaired unit
- Facilitated groups and conducted individual counseling with patients
- Provided therapeutic support for psychiatric nurses and therapists

Internships

January 2008-April 2008:

Graduate Counseling Intern (600-hour Internship)

Chewning Middle School, Durham, NC

- Facilitated individual and group counseling sessions
- Conducted classroom guidance lessons
- Organized student of the month nominations and collaborate in child and family team meetings

August 2007-December 2007:

Graduate Counseling Intern (100-hour Internship)

Josephine Dobbs Clement Early College High School, Durham, NC

- Conducted college research seminar for 12th graders
- Facilitated "maximizing student potential" groups
- Held individual and group counseling with students

Publications (Peer Reviewed)

Blount, T. N., & LaGuardia, A. C., Fitzpatrick, D.C. (2021, April). African American Women Substance Use Recovery Experiences: A phenomenological Inquiry. *Journal of Counseling and Values*.

Richardson, G. B., **Blount, T. N.**, Hanson-Cook, B. K. (2019). Life history and recovery from substance use disorders. *Review of General Psychology*. <https://dx.doi.org/10.1037/gpr0000173>

Blount, T. N., & Brookins, C. C. (accepted March 2021). Adinkra symbolism, printmaking, and the Cultural Identity of Ghanaian Emerging Adults. *Journal of Creativity in Counseling*.

Blount, T.N. (2012). Drop-out Prevention: Recommendations for school counselors. *Journal of School Counseling, 10*(16). Retrieved September 16, 2012, from <http://www.jsc.montana.edu/articles/v10n16.pdf>

Chapters in Edited Volumes

Royal, C., Williams, R. G., Kurian, K. S., **Blount, T. N.**, Barrow, J. C. (2021). Psychopathology: A Case-Based Approach. In D. A. Scott and M. G. Scott (Ed.), *Psychopathology*. Cognella.

Blount, T.N. (2009). The power of imagination. In T. Scheft (Ed.). *Inspiring Student Writers Strategies and Examples for Teachers* (pg. 113-121). Charlotte, NC: Information Age Publishing.

Publications (Non-Refereed)

Blount, T. N. (2019). Promoting College and Career Readiness: Experiential learning activities for School Counselors-in-training. The National Career Development Association Monthly Web Magazine for Career Practitioners. Retrieved from https://www.ncda.org/aws/NCDA/pt/sd/news_article/256312/PARENT/CC_layout_details/false

Blount, T.N. (2016). New Member Spotlight, my spiritual journey. Association for Spiritual, Ethical, and Religious Values in Counseling. Winter 2016. Volume XV, No. 2.

Blount, T.N. (2012). Somewhere over the rainbow: Bulletin board project encourages students to face challenges and find rewards at the end of the rainbow. NCSCA News. Retrieved from www.ncsca.org on March 15, 2012.

Blount, T.N., & Roulhac, G. (2011). New pirates set sail: Freshman-only assemblies ease young Riverside Pirates' transition to high school. NCSCA News. Retrieved from www.ncsca.org on February 24, 2011.

Blount, T.N., & Roulhac, G. (2010). The Power of PAR: Targeted interventions affect student achievement. NCSCA News. Retrieved from www.ncsca.org on September 24, 2010.

Manuscripts (Under Review)

Blount, T. N., & Brookins, C., King, K. M. (under review). Using the Transtheoretical Model of Change to Explore the substance use recovery experiences of African American Women: A qualitative study.

Manuscripts in Progress

Blount, T. N. (in progress). Enhancing School Counselor Readiness: Student Engagement Program for Early College High School Students.

Blount, T. N., King, K. M. (in progress). The role of school counselors collaborating with school based mental health professionals.

Conference Presentations

*Graduate student

- Gavin-Williams, R., **Blount, T. N.**, *Toone, D., *Bethea, N. (2021, February). *Effects of School-Based Counseling Interventions on Students Repeating the 9th Grade*. Presented at the North Carolina Counseling Association Conference. Virtual.
- Gavin-Williams, R., **Blount, T. N.**, *Toone, D., *Bethea, N. (2020, October). *Discussing Realizing and Achieving Maximum Success: Supporting Students Academically At-Risk*. Presented at the North Carolina Career Development Association Conference. Virtual.
- Blount, T. N.**, Tedder, M., *Prioleau, B., *Gardner, K. (2020, February). *School Based Mental Health Counseling: Understanding the School Environment from an Ecological Perspective*. Presented at the North Carolina Counseling Association Conference. Charlotte, NC.
- Barrow, J.C., Moran, J., **Blount, T. N.** (2020). *Supervising our School Counselors*. Presented at the North Carolina Counseling Association Conference. Charlotte, NC.
- Blount, T. N.** (2019, November). *School Counselors Role in Facilitating School Based Mental Health Services*. Presented at the NCCU Counselor Education Fall 2019 Drive-in Workshop, Durham, NC.
- Blount, T. N.**, & Fitzpatrick, D. (2019, May). *"I know I've Been Changed:" An examination of African American Women Use Spirituality, Religion, and Family to Achieve Sustained Recovery from Substance Use Disorders*. Presented at the National Board for Certified Counselors 2019 Bridging the Gap Symposium in Atlanta, Georgia.
- Lanman, S. A., & **Blount, T. N.** (2018, November). *Working the Line? Ethical Gatekeeping for Counseling Supervisors*. Presented at the All Ohio Counselors Conference, Columbus, OH.
- Blount, T. N.**, & Fitzpatrick, D. (2018, July). *Recovery Experiences of African American Women*. Presented at the Association for Spiritual, Ethical, and Religious Values in Counseling, Dallas, TX.
- Wood, A., & **Blount, T. N.** (2018, April). *Low-Fee and Pro Bono Counseling: Ethical Imperatives and Practical Concerns*. Presented at the American Counseling Association, Atlanta, GA.
- Ricks, J. & **Blount, T. N.** (2017). *Preparing data-driven school counselors*. Presented at the Association for Counselor Education and Supervision Conference, Chicago, IL.
- Blount, T. N.** (2017). *African American Women Substance Use Recovery Experiences*. Presented at the annual North Carolina Counselors Association Conference, Durham, NC.
- Blount, T. N.** (2016). *Enhancing School Counselor Readiness: Student Engagement Program for Early College High School Students*. Presented at the annual North Carolina School Counselor Association Conference, Greensboro, NC.
- Blount, T. N.**, & Brett, M. (2016). *Bringing hope through community resources: Raising the next generation is a*

shared responsibility. Presented at the National Board for Certified Counselors 2016 Bridging the Gap Symposia, Reston, VA.

Blount, T.N. (2016). *A year in review as a 2015 Minority Fellowship Doctoral Fellow: Substance use recovery and wellness*. Poster Presentation, National Board for Certified Counselors 2016 Bridging the Gap Symposium, Reston, VA.

Gavin, R., & **Blount, T.N** (2014, November). *Assisting Adolescents with post-secondary education and career decision making*, Presented at the annual North Carolina School Counselor Association Conference, Greensboro, NC.

Kennedy, S., Baker, S., Nemiro, A., Tajhili, M.H., & **Blount, T. N.** (2013, March). *Professional Counseling: Perspectives from around the world*, Poster Presentation, American Counselor Association Conference, Cincinnati, OH.

Kennedy, S., Baker, S., Nemiro, A., Tajhili, M.H., & **Blount, T. N.** (2013, March). *Professional Counseling: Perspectives from around the world*, Poster Presentation, North Carolina Counselor Association Conference, Greensboro, NC.

Blount, T.N. (2011, November). *Writing progress notes the SOAP format*. Poster Presentation, Licensed Professional Counselors Association of North Carolina Conference, Greensboro, NC.

Blount, T.N., Hango, R., Sebring, C. (2011, November). *Freshmen pirates find treasures to promotion*. Presented at the annual North Carolina School Counselor Association Conference, Greensboro, NC.

Blount, T.N., & Hango, R.M. (2010, March). *Succeeding the Riverside Way*, Presented at the annual meeting of the Education Trust National Center for Transforming School Counseling Training for School Counselors, Durham, NC.

Blount, T.N., & Roulhac, G. (2010, October). *The Power of PAR: Targeted interventions affect student achievement*. Presented at annual the North Carolina School Counselor Association Conference, Greensboro, NC.

Blount, T.N., & Wiggins, M.J. (2009, March). *Designing activities to help all students meet high academic standards*. Presented at the meeting of the Education Trust National Center for Transforming School Counseling Training for School Counselors, Durham, NC.

Clare, G., & **Blount, T.N.** (2007, June). *North Carolina at a glance: Social factors underlying health outcomes in multi-problem youth*. Presented at the Annual College on Drug Abuse and Dependency Conference, Quebec City, Canada.

Blount, T.N. (2007, October). *College Research Seminar*. Paper presented at Josephine Dobbs Clement Early College High School, Durham, NC.

Guest Lecturer and Presenter

Using Data to Drive your School Counseling Program. Invited presenter for Durham Public Schools School Counselor Retreat, **Durham Public Schools** (August 2019).

Advocacy efforts for School Counselors. Diversity Workgroup Advocacy. Invited panelist for The Diversity Workgroup, **University of Cincinnati** (April 2018).

Assisting Adolescents with post-secondary education and career decision-making. Invited lecture for **Fayetteville Public Schools Secondary School Counselors** (November 2015).

Negotiated Roundtable Discussion North Carolina State University. Panel discussion facilitated at Nu Sigma Chi Chapter, **North Carolina State University** (April 2015).

From Africa to America: Exploring the Impact of Adinkra Symbolism amongst the ethnic identity development of Ghanaian Adolescents. Invited lecture undergraduate class in Africana Studies, **North Carolina State University** (May 2015).

Professional Counseling: Perspectives from around the world. Invited lecture undergraduate class in Human Service Studies, **Elon University** (April 2013).

Chi Sigma Iota Study Abroad Roundtable Discussion. Facilitated at Chi Sigma Iota Meeting, **American Counseling Association Conference**, Cincinnati, Ohio (February 2013).

Journal Editorship and Reviewing

2020-Present **Journal of Counseling and Values**, Editorial Member
 2019-Present **Journal of Mental Health Counseling**, Editorial Member
 2018-Present **Journal of Professional School Counseling**, Editorial Member
 2017-Present **Journal of Human Services**, Ad Hoc Reviewer

University Service

2017-2019 **University of Cincinnati**, School of Human Services
 Field Service Coordinator School Counseling
 CACREP and Graduate Review Team Member
 Doctoral Committee Member
 School Counseling Search Committee, Committee Member
 Masters and Doctoral Applicant Interview and Selection Committee

Spring 2018 Career Quest School Counseling Recognition Awards Applicant Reviewer
 Spring 2018 Yates Fellowship Program Selection Committee

Scholarships

May 2016 **Shaver-Hitchings Scholarship for research in drug and alcohol addiction** (\$1,500)
 August 2014 **NCSU Minority Scholarship Grant Recipient** (\$2,000)
 May 2012 **NCSU Africana Studies Study Abroad Scholarship Recipient** (\$3,000)
 May 2011 **Doctoral Level Nancy Howell Scholarship Recipient**, Licensed Professional Counselor Association of North Carolina (\$500.00)
 2006- 2008 **Leave No Educator Behind Scholarship Recipient**, North Carolina Central University (\$3,000 per semester)
 2002-2004 **Barton College Transfer Honors Scholarship Recipient** (\$3,000 per semester)

1998- 2000 **North Carolina Community College Scholarship Recipient**, Pitt Community College (\$2,500 per semester)

Awards/Honors & Professional Recognition

August 2017 **Association for Spiritual, Ethical, and Religious Values in Counseling**, Emerging Leader

February 2016 **North Carolina Counseling Association**, Member Spotlight Interview

January 2016 **North Carolina Counseling Association**, Multicultural Most Improved Division

August 2012 **Riverside High School**, Counselor of the Month

January 2012 **Golden Key International Honor Society Recipient**

November 2011 **Pitt Community College Outstanding Alumni Awardee**

February 2011 **Healing for the Family**: Friend of the Week Feature

August 2010 **My Life, My Story Feature**: American Counseling Association Counseling Today Magazine

November 2009 **Educator of the Month**, Riverside High School

April 2009 **Scholarship Attendee Recipient**, Hill Center Durham, NC

March 2009 **Educator of the Month**, Chewning Middle School

December 2007 Scheft, T. (2007, December 3). **Teaching Matters: Sensational Students: A closer look at some of our best and brighter students.**

March 2007 **CPDD Primm-Singleton Travel Award Recipient**, College on Drug Abuse and Dependency

School- Based Leadership Responsibilities

Truancy Court Review Committee Member, Durham Public Schools, 2008-2013

Research Intervention Team Committee Member, Durham Public Schools, 2009-2013

Project Graduation for 12th graders Chair, Durham Public Schools, 2009-2013

Summer Bridge for 9th graders Coordinator, Durham Public Schools, 2012-2013

Community Service Engagement

Cincinnati 1N5 and Mind Peace, High School Brain Health Network, February 2018

Greene County Public Schools, Back to School Drive, 2015

North Carolina State University Ghana Village Education Project, 2012-Present

Healing Transitions of Wake County, 2015-Present

Professional Associations

National Professional Associations

2014-Present Association of Counseling Education and Supervision

2014-Present National Association of Mental Illness of North Carolina Member

2012-Present American Mental Health Counselor Association Member

2012-Present Association for Creativity in Counseling Member

2010-Present National Organization for Human Services Member

2009-Present Association for Multicultural Counseling and Development

2007-Present American Counseling Association Member

2007-Present American School Counselor Association Member

2007-Present Chi Sigma Iota International Counseling Honor Society Member

State and Regional Professional Associations

- 2013-Present Southern Association of Counselor Education and Supervision Member
- 2010-Present Licensed Professional Counselors Association of North Carolina Member
- 2007-Present North Carolina School Counselor Association Member
- 2007-Present North Carolina Counselor Association Member