

JENNIFER CAHOON BARROW

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EDUCATION

NORTH CAROLINA STATE UNIVERSITY, Raleigh, NC, August 2006 – December 2011
Doctor of Philosophy (PhD), Counseling and Counselor Education, (CACREP- Accredited Training Program)
Cognate: Adult Education
Dissertation Title: The role of professional school counselors in working with students in gangs: A grounded theory study

EAST CAROLINA UNIVERSITY, Greenville, NC, August 2000 - May 2002
Master of Science (MS), Counselor Education

GUILFORD COLLEGE, Greensboro, NC, January 1998 – July 1999
Bachelor of Science (BS), Psychology, Concentration: Women's Studies

THE UNIVERSITY OF NORTH CAROLINA AT GREENSBORO, Greensboro, NC,
August 1992 - December 1996, Public Health Education, major course of study

CERTIFICATION

Licensed Clinical Mental Health Counselor Supervisor (LPCS) #S4684
National Certified Counselor (NCC) #75095
North Carolina Licensed School Counselor
National Provider Identifier #1851749741

TEACHING EXPERIENCE

NORTH CAROLINA CENTRAL UNIVERSITY, Durham, NC, August 2014-present

- **ASSISTANT PROFESSOR**

- **SCHOOL COUNSELING PROGRAM DIRECTOR**, August 2014-present

- CON 5308 Counseling Children and Adolescents (developed, on campus, online developer/instructor)
- CON 5310 Theories and Techniques of Counseling (online delivery, on campus)
- CON 5304 Advanced School Counseling
- CON 5372 Practicum in Counseling
- CON 5390 Internship in School Counseling (online delivery, on campus)
- CON 5390 Internship in Counseling
- CON 5201 Ethical and Professional Orientation to Counseling (online delivery)
- CON 5303 Introduction to School Counseling
- CON 5340 Counseling Children with Special Needs (developed course, online and on campus delivery)
- CON 5331 Psychosocial Development (online delivery)

MONTREAT COLLEGE, Montreat, NC, July 2012 – present

- **ADJUNCT PROFESSOR**, March - May 2013

- CN 625 Human growth and development: Counseling across the lifespan using Moodle, on-line instructional platform.

- **WRITING CONSULTANT**

- Developed and wrote curriculum using on-ground and on-line instructional formats.
 - CN 675 Counseling Practicum
 - CN650 Group Counseling
 - CN 660 Crisis Intervention and Crisis Counseling
 - CN 625 Human growth and development: Counseling across the lifespan
 - CN 615 Counseling skills

NORTH CAROLINA STATE UNIVERSITY, Raleigh, NC, August – December 2009

- Taught section of ECD 847, Counseling Supervision, supervised master's practicum students.

NORTH CAROLINA STATE UNIVERSITY, Raleigh, NC, August – December 2008

- Co-taught ECD 533, Introduction to School Counseling.

EAST CAROLINA UNIVERSITY, Greenville, NC, January – July 2002

- Co-taught COAD 6409, Helping Relationships for two semesters.
- Co-taught COAD 7408, Professional, Legal and Ethical Issues in Counseling.

GRANTS

North Carolina Central University First Annual Faculty Mini-Grant Competition, awarded December 2015

- One of 7 faculty awarded a Professional Development Grant
- Awarded \$1,864.51
- Award will fund attendance at the North Carolina Reading Association Annual Conference, March 2016. Information gained will be used to connect the role of the school counselor to improved literacy skills through the development of a fiction book club to develop reading skills and explore positive character traits with fifth grade students at Kestrel Heights Elementary School, Durham, NC.

COUNSELING EXPERIENCE

Sanderson High School – Raleigh, NC, August 2006 – June 2014

PROFESSIONAL SCHOOL COUNSELOR

- Team leader during leadership and information system (PowerSchool) transition in the fall of 2013.
- Utilize Turning Point Technology to gather pre- and post-presentation data for data driven Action Plans.
- Coordinate 10th grade counseling related activities and Morehead-Cain and Park Scholarship processes.
- Conduct individual counseling sessions based on alphabetical student assignment.
- Collaborative member of Business Alliance, 2007-present.
- Actively work with school and county level professional learning communities.
- Develop and initiate Action Plans for results-based counseling practice.

High Point Central High School – High Point, NC, August 2002 – August 2006

PROFESSIONAL SCHOOL COUNSELOR

- Senior class of 2006 earned over \$3 million in scholarship, grant funds.
- Supervised North Carolina A&T State University Counselor Intern, Fall 2005 and Spring 2006.
- Conducted individual and group counseling sessions.
- Developed classroom guidance, parent workshops.
- Served on the Dropout Prevention Team, Student Staff Services Team, and the 9th Grade Transition Team, Attendance Committee, School Improvement Team.
- Decreased ninth grade retention rate by 65%, 2002-2003 school year.

Pinnacle Educational Outreach & Counseling Services, High Point, NC, March 2004 – July 2006

PARTNER / OWNER, LEAD COUNSELOR, PRESENTER

- Provided customized training opportunities for private and public clients.
- Offered community college continuing education courses.

Counselor Education Program, East Carolina University, Greenville, NC, January – July 2002

GRADUATE ASSISTANT / RESEARCH ASSISTANT

- Partnered with department chair and faculty to support department-wide initiatives
- Conducted literature review research.
- Provided assistance to graduate students and program applicants.

D.H. Conley High School, Greenville, NC, January 2002 – May 2002

COUNSELOR INTERN

- Consulted with parents, teachers, principals, counselors, psychologists, and community agencies regarding student welfare and success.
- Conducted individual counseling and group guidance for at-risk adolescents.

Center for Counseling & Student Development, East Carolina University, Greenville, NC, September 2001 – May 2002

GROUP FACILITATOR, January 2002 – April 2002

- Developed and implemented a psychoeducational group on money management for students.

COUNSELOR PRACTICUM STUDENT, August – December 2001

- Provided individual counseling to student-clients in regard to educational, adjustment, social, family and personal relationship difficulties. Presented cases for weekly case group discussions and case management.
- Participated in weekly trainings on mental illnesses and treatment approaches.

GRANTS

North Carolina Central University First Annual Faculty Mini-Grant, Exploring School Counselors' Role in Reading Literacy

December 2015; Awarded \$1,864.51

PUBLICATIONS

(*research using original data)
(**indicates student mentorship)

Dissertation

Barrow, J. C. (2011). *The role of professional school counselors in working with students in gangs: A grounded theory study* (Doctoral dissertation, North Carolina State University. ProQuest Dissertations & Theses Global). Retrieved from http://proxying.lib.ncsu.edu/index.php?url=http://search.proquest.com.prox.lib.ncsu.edu/docview/921360258?accountid=12725*

Book chapters

Bradley, L. J., **Barrow, J.**, & Whiting, P.P. (in press). Supervising pre-degreed and professional school counselors. In N. Ladany & L. Bradley (Eds.), *Counselor supervision* (5th edition) (pp.). Philadelphia, PA: Taylor & Francis,

Dames, L. S. & **Barrow, J.** (2017). Different enhanced-technology used in core counselor education courses: What are they and their effectiveness? In J.S. Keengwe (Ed.), *Handbook of Research on Digital Content, Mobile Learning and Technology Integration Models in Teacher Education* (pp. 149-164). Hershey, PA: IGI Global Publication. ISBN13: 9781522529538

Barrow, J. & Whiting, P. (2015.) Line-by-line termination of our group. In M. Luke & K. Goodrich (Eds.), *Group work experts share their favorite activities for supervision: Volume 1* (pp.180-183). Alexandria, VA: Association for Specialists in Group Work.

Royal, C., Williams, R., Kurian, K., Blount, T., **Barrow, J.** (in press). Childhood Disorders (Chapter 3). In D. A. Scott & M. G. Scott (Eds), *Psychopathology: A case-based approach*. San Diego, CA: Cognella.

Refereed Publications

- Barrow, J.** (2018). Utilizing asset mapping to strengthen the comprehensive school counseling program. *The North Carolina Counseling Journal (pka NC Perspectives)*, 13(1), 14-21.
- Barrow, J.***, Baker, S.B., & Fusarelli, L.D. (2018). Using Grounded Theory to examine the readiness of professional school counselors to serve gang members. *The Professional Counselor*, 8(4), 355-368. doi:10.15241/jb.8.4.355
- Barrow, J.**, Wasik, S.Z., Corry, L.B.**, & Gobble, C.A**. (in press). Trauma-Informed Career Counseling: Identifying and Advocating for the Vocational Needs of Human Services Clients and Professionals. *Journal of Human Services*.
- Barrow, J.**, Wasik, S. Z., Whiting, P. (2019). Cookie Friendships: School Counselors Use of Genograms as an Assessment Tool in the Digital Age. *The Journal of Counseling Research and Practice*, 4(1), 119-128.
- Wasik, S.Z., **Barrow, J.**, Royal, C., Brooks, R., Dames, L., Corry, L., & Bird, C. ** (2019). Online counselor education: Creative approaches and best practices in online learning. *Research on Education and Psychology (REP)*, 3(1), 43-52.
- Dames, L. & **Barrow, J.** (2017). Novice counselor's group skills through personal reflection and facilitation. In *Ideas and research you can use: VISTAS 2017*. Available from <http://www.counseling.org/knowledge-center/vistas>.
- Wasik, S.Z. & **Barrow, J.** (2017). Odyssey of the mind: Using a creative problem solving competition to promote career readiness in elementary school. *Journal of Education*, 197(3), 46-50. <https://doi.org/10.1177/0022057418782335>
- Barrow, J.** & Mamlin, N. (2016). Collaboration between professional school counselors and special education teachers. In *Ideas and research you can use: VISTAS 2016*. Available from <http://www.counseling.org/knowledge-center/vistas>
- Schaeffer, K., Akos, P., & **Barrow, J.** (2010). A phenomenological study of high school counselor advocacy as it relates to the college access of underrepresented students. *Journal of School Counseling*, 8(2). Retrieved from <http://www.jsc.montana.edu/articles/v8n2.pdf>*

Manuscripts Submitted for Publication

- Barrow, J.**, Wasik, S.Z., Bradley, K.S.**, & Wells, V.** (2019). Addressing student outcomes through school counseling data collection. Manuscript submitted for publication. (Submitted to International Journal of Education Policy and Leadership.)
- Scott, L.S., Mansaray, M., **Barrow, J.C.**, Sawyer-Kurian, K.M., Wasik, S.Z. & Ghekiere, E.** (2020). Using applied statistics to explore African-American counselor-in-training core group skills. Manuscript submitted for publication (*The North Carolina Counseling Journal*).
- Chambless, G., Royal, C., & **Barrow, J.** (2017). *Conjoint behavioral consultation in a school setting*. Manuscript submitted for publication.**

Manuscripts in Preparation

Barrow, J.* (2019). Professional school counselor role confusion in the digital age. Manuscript in preparation.

Barrow, J., Bradley, K., & Wasik, S. (2020). Counseling students with Posttraumatic Stress Disorder. Manuscript in preparation.**

Barrow, J.*, Schaeffer, K., & Schaeffer, B. (2020). Parental engagement in k-12 school setting. Manuscript in preparation.

Barrow, J., Schwarze, M., & Warren, J. (2020). Role of the professional school counselor in serving substance abusing youth. Manuscript in preparation.

Barrow, J., Wasik, S., & Royal, C. (2018). Consulting with parents to create career ready students. Manuscript in preparation.

Foxx, R., & **Barrow, J.** (2020). Examining the effectiveness of school-based group counseling for siblings of children with Autism Spectrum Disorder (ASD). Manuscript in preparation.**

Book Reviews

Barrow, J. (2019) [Review of the book proposal *Child and Adolescent Counseling: Developmental, Systemic, Multicultural, and Relational Perspectives* by B. Jones & B. Durodoye]. New York, NY: Springer Publishing

Barrow, J. (2016). [Review of the book *School counseling for the twenty-first century* (6th ed.), by S. Parikh Foxx, S.B. Baker, & E.R. Gerler, Jr.]. New York, NY: Routledge/Taylor & Francis Group.

Non- Refereed Publications

Barrow, J. (Spring 2015). Collaborating for a positive high school transition. *NCSCA News*, pp. 9-10.

Barrow, J. & Kleiner, M. (2004, Fall). Gangs in our schools: The role of the school counselor. *The Carolina Counselor*. North Carolina Counseling Association.

OTHER EXPERIENCE

Invited Presenter for NCSCA Speakers Bureau (2020-present)

North Carolina School Counselor Association Professional Development Committee

Member

North Central Regional School Mental Health Initiative member 2019-present

UNC System Behavior Convening, February 11, 2020

North Carolina Central University selected representative

North Carolina Journal of Teacher Education, East Carolina University, Greenville, NC

ASSOCIATE EDITOR, February – December 2001

- Research and publication efforts with *North Carolina Journal of Teaching Education*.

REAL Crisis, United Way Agency, Greenville, NC

VOLUNTEER, June 2001-August 2001

- Completed crisis counseling training for telephonic crisis intervention services.

Brady Services / The Trane Company, Greensboro, NC, July 1995 – September 2000

STAFF DEVELOPMENT COORDINATOR, February 2000 – September 2000

- Provided leadership, instructional and management skills to develop and create training revenue.
- Implemented non-revenue programs for internal associate skill development.

TRAINING & ADMINISTRATIVE ASSISTANT/ACCOUNTING CLERK, July 1995 – January 2000

- Coordinated and developed training programs for internal and external customers
- Performed organizational and service tasks for internal and external customers.
- Multiple tasks and projects as needed to meet accounting department's goals.

PROFESSIONAL PRESENTATIONS (refereed)

Utilizing a Module-based Approach to Using Love Languages in Rehabilitation Counseling**

Annual Conference of the North Carolina Counseling Association, February 2020
Charlotte, NC

SOS- Supervising Our School Counselors

Annual Conference of the North Carolina Counseling Association, February 2020
Charlotte, NC

You be the Quality Matters Reviewer at NCCU: Gamifying Faculty Professional Development to Promote Online Student Success [poster session with Dr. Racheal Brooks]

Digital Learning Initiative Symposium Hosted by The University of North Carolina System, March 2019
Chapel Hill, NC

Charting New Directions: Trauma Informed Career Counseling

Annual Conference of the North Carolina Counseling Association, February 2019
Durham, NC

Using Universal Screenings to Meet K-12 Students' Mental Health Needs

Annual Conference of the North Carolina School Counselor Association, November 2018
Greensboro, NC

Get A Job: Connecting Counseling Graduate Students to the World of Work

Annual Conference for the North Carolina Career Development Association, October 2018
Elon, NC

Like it or not, Online Education is Here to Stay: Best Practices for Online Teaching

Annual Conference of the American Counseling Association, April 2018, Atlanta, Georgia

School and agency counseling best practices: Creative uses for genograms**

Annual Conference of the North Carolina Counseling Association, January 2018
Durham, NC

Human Sex Trafficking: How School Counselors Can Identify Potential Victims**

Annual Conference of the North Carolina School Counselor Association, November 2017
Greensboro, NC

Drawing Connections: Using Genograms to Facilitate Crises Responses in the Digital Age

NBCC Foundation Symposium May 2017, Atlanta, Georgia

Making the Case: School Counselors as School-Based Mental Health Clinicians**

Annual Conference of the North Carolina Counseling Association, February 2017
Durham, NC

Using Genograms to Facilitate Responses to Crises and Critical Incidents in School Settings

Annual Conference of the North Carolina School Counselor Association, November 2016
Greensboro, NC

Suce\$\$ful Mergers: Partnering with Businesses for Career Ready Students

Annual Conference of the North Carolina Counseling Association, February 2016, Greensboro, NC

Novice Counselor's Group Skills Through Personal Reflection and Facilitation

University of South Carolina Counseling Annual Conference, February 2016, Columbia South Carolina

Novice Counselor's Group Skills Through Personal Reflection and Facilitation (poster session)

Association for Specialist in Group Work Annual Conference, February 2016, Washington, D.C.

- Polishing Your Presentation: Classroom Management for Guidance Lessons****
Annual Conference of the North Carolina School Counselor Association, November 2015
Greensboro, NC
- Help Wanted: Utilizing Asset Mapping in A Comprehensive School Counseling Program**
Annual Conference of the North Carolina Counseling Association, February 2015
Greensboro, NC
- When They Grow Up: K-12 Career Exploration and Development Programs**
Annual Conference of the North Carolina Counseling Association, February 2015
Greensboro, NC
- School Counselors and Special Educators: Collaborating for Great Transitions!**
Annual Conference of the North Carolina Council for Exceptional Children, January 2015
Pinehurst, NC
- CAPPING your future: Career Choices in Secondary School Settings**
Annual Conference of the North Carolina School Counselor Association, November 2014
Greensboro, NC
- CAPPING your future: Career Choices in Secondary School Settings**
Annual Conference of the North Carolina Counseling Association, February 2013
Greensboro, NC
- Over the rainbow: Career development for new counselors**
Annual Conference of the North Carolina Counseling Association, February 2013
Greensboro, NC
- C.A.R.E.(ing) for students in gangs: The role of the school counselor**
Annual Conference of the North Carolina School Counselor Association, November 2012
Greensboro, NC
- Addressing the College Gender Gap Begins in High Schools**
College Board, National Forum, October 2009
New York, New York
- Adapting Experimental Research Designs to School Counseling Settings to Achieve Accountability Goals**
Annual Conference of the American Counseling Association, March 2009
Charlotte, NC
- Developing Supervisory Relationship: The Role of Style and Orientation**
Annual Conference of the North Carolina Counseling Association, February 2008
Raleigh, NC
- Third Wheel or Key Contributor: Is There Room for God in the Counseling Relationship?**
Annual Conference of the North Carolina Counseling Association, February 2008
Raleigh, NC
- The Power of Confidence: Conducting Girls' Self-Esteem Groups in Your High School**
College Board, Southern Regional Forum, February 2008 (accepted proposal)
Hilton Head, SC
- Taking the Mystery Out of College: Small Groups for College-Bound High School Students**
Association for Counselor Education and Supervision annual conference
Poster session (accepted), October 2007
Columbus, Ohio
- Feeling UnPretty in a Pretty World: Boosting Adolescent Female Self Esteem through Group Counseling**
Association for Counselor Education and Supervision annual conference
Poster session (accepted), October 2007
Columbus, Ohio
- College Preparation Groups: Helping Students on the Road to College**
College Board, National Forum, October 2007
New York, New York
- Taking the Mystery Out of College: Small Groups for College Bound High School Students**
College Board, National Forum, November 2006
San Diego, California

More than a Firm Handshake: Coaching Students for Successful College and Scholarship Interviews

Invited presentation
College Board, Southern Regional Forum, February 2006
Orlando, Florida

UnPretty: Boosting Female Adolescent Self-Esteem

Requested, encore presentation
Annual Conference of the North Carolina School Counselor Association, November 2005
Greensboro, NC

Reaching Students in Context: Using Multicultural Literature with Adolescent Bibliotherapy

Annual Conference of the American Counseling Association, April 2005
Atlanta, Georgia

West Side Story versus Reality: Gang Awareness, Prevention and Intervention in Schools

Annual Conference of the American Counseling Association, April 2005
Atlanta, Georgia

UnPretty: Boosting Female Adolescent Self-Esteem

Annual Conference of the North Carolina Counseling Association, February 2005
Charlotte, NC

Road Rules – North Carolina Colleges on Tour: Helping Students Get the Most Out of College Visits

Annual Conference of the North Carolina School Counselor Association, November 2004
Winston-Salem, NC

Reaching Every Student: Using Multiple Intelligences Theory to Promote Self-Esteem Within a Multicultural Context

Annual Conference of the American Counseling Association, April 2004
Kansas City, MO

Putting Your Multicultural Competencies to the Test: Adolescent Religiosity and Spirituality

Annual Conference of the North Carolina Counseling Association, February 2004
Charlotte, NC

The Jets and the Sharks: Gang Awareness in Your School

Annual Conference of the North Carolina School Counselor Association, November 2003
Winston-Salem, NC

Adolescent Depression: The High-Achieving Student and the At-Risk Student

Annual Conference of the American School Counselor Association, July 2003
St. Louis, MO

Everybody Does It: Current Trends in Adolescent Alcohol Use and Abuse

Annual Conference of the North Carolina Counseling Association, February 2003
Charlotte, NC

Too Young for Shell Shock: Counseling Adolescents with PTSD

Annual Conference of the North Carolina Counseling Association, February 2003
Charlotte, NC

Strategies for Counseling the Over-Achieving Student

Annual Conference of the North Carolina School Counselor Association, November 2002
Raleigh, NC

Fighting Your Money Demons: Group Approach to Building Resiliency

Annual Conference of the North Carolina Counseling Association, February 2002
Greensboro, NC

PROFESSIONAL PRESENTATIONS (non-refereed)

Counseling for Bravery: Addressing Anxiety in Schools North Carolina Central University webinar (not refereed), October 2019

Supervision of School Counselors, North Carolina Central University webinar (not refereed), December 2019

Bibliotherapy for Helpers: A Bookshelf for Professional and Personal Development

North Carolina Central University webinar (not refereed), April 9, 2019

Essential School Counseling

North Carolina Central University webinar (not refereed), February 12, 2019

Screen Time: Focusing on Universal Screenings to Meet K-12 Students' Mental Health Needs

Invited presenter for statewide NC Department of Public Instruction webinar, January 29, 2019

Trauma Informed Career Counseling

North Carolina Central University webinar (not refereed), October 9, 2018

Counselor Toolbox: Using Genogram and Visual Mapping Tools for Career and School Counseling in the Digital Age

North Carolina Central University webinar (not refereed), May 2018

Legal and Ethical Issues in Schools

Guest Lecturer, North Carolina Central University, CON 5201 Ethical and Professional Orientation to Counseling, October 11, 2017

Counseling Exceptional Children and Supporting their Families

Guest Lecturer, North Carolina Central University, EDSH 5797 Neuroscience and Pediatric Special Topics, June 15, 2017

Common Ground: School Counselors and Mental Health Providers

North Carolina Central University webinar (not refereed), March 2017

Utilizing Genograms to Facilitate Crises Response in School Settings

North Carolina Central University webinar (not refereed), October 2016

Group Facilitation Experience Through Counselor in Training Eyes

North Carolina Central University webinar (not refereed), April 2016

Utilizing Asset Mapping in a Comprehensive School Counseling Program

North Carolina Central University webinar (not refereed), September 2015

School Counselors and Special Education Teachers Teaming Up for Successful Transitions

North Carolina Central University webinar (not refereed), March 2015

Adolescent Depression: Understanding the Signs and Symptoms

Guest Lecture, East Carolina University, July 2003

Roadblocks to Counseling: Lessons from a First-Year Counselor

Guest Lecture, East Carolina University, April 2003

The Wheel of Wellness (Interactive Poster Session)

Annual Conference of the North Carolina Counseling Association, February 2001
Greensboro, North Carolina

Life, Change and Stress

Guilford College, February, 1999
Greensboro, North Carolina

SERVICE TO UNIVERSITY

- NCCU Faculty Senate, Senator (2020-2023, 3 year term)
- North Carolina Central University representative, *UNC System Behavior Convening, February 11, 2020*
- North Carolina Central University Graduate Council, 3 year term (2018-2021)
- North Carolina Central University Graduate Council, Graduate Council Policies and Procedures Committee, Co-Chair (2020-2021)
- School of Education Graduate Council (January 2017- present)
- School Counseling Program Director (2014-present)

SERVICE TO DEPARTMENT, PROFESSION, AND COMMUNITY

- NCCU Graduate Council, Member (2018-present)
- School of Education Graduate Council, Member (2017- present)

- School Counseling Program Director, (2014-present)
- Chair, School Counseling Advisory Board (2018- present)
- Develop and facilitate Praxis Workshop (2014-present)
- Counselor Education and Higher Education Department Testing (NCE/CPCE) Director (2015-present)
- Coordinated the North Carolina School Counselor Association Counselor Workshop (March 31, 2017) with Mr. Phil Echols, NCSCA Vice President, North Central Region
- Teacher Education Council, Advanced Program member (August 2015-present)
- Poe Elementary School, Raleigh, NC
 - Chairperson, External Fundraising (2015- 2020)
 - Artist in Residency Volunteer December 2016
- Total Membership Experience Advisor, Alpha Delta Pi, Iota Beta Chapter, Campbell University (2019-present)
- Advanced Placement testing administrator for Sanderson High School (August 2014-May 2017)

HONORS AND AWARDS

Counselor Educator of the Year, November 2019
North Carolina School Counselor Association

NCCU Superlative Award Nominee 2019, May 2019
2019 Eagle Promise Faculty & Staff Awards Banquet

NCCU Teaching Excellence Award Nominee, 2018-2019
North Carolina Central University

NCCU Counselor Education Department
2015 SACES Outstanding Master's Counselor Education Program
Southern Association for Counselor Education and Supervision, fall 2015 conference

Delegate
North Carolina School Counselor Association, November 2014

Beginning Counselor of the Year 2005
North Carolina Counseling Association Annual Conference, February 2005

Luck of the Draw Scholarship recipient
John A. Holmes High School, May 1992

PROFESSIONAL TRAINING

- Suicide Intervention Training, Greensboro, NC, October 2002 , Raleigh, NC 2006
- Let's Focus on Girls: A Gender Specific Symposium, Greenville, NC, February 2002
- High Impact Leadership Seminar (HILS), Staub Leadership Consultants, Greensboro, NC, June 2000

ORGANIZATIONAL AFFILIATIONS

American Counseling Association
American School Counselor Association
North Carolina Counseling Association
North Carolina School Counselor Association