Taheera N. Blount Ph.D., NCC, LCMHC-S, HS-BCP

North Carolina Central University
Department of Counseling and Higher Education
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Durham, North Carolina
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Educational Background

August 2010-May 2017	Doctor of Philosophy, Counselor Education **Cognate:** International Relations North Carolina State University (CACREP-accredited) **Dissertation title:** A Phenomenological Study of African American Women Substance Use Recovery Experiences: Utilizing spirituality, religion, and family to achieve sustained recovery (Under the direction of Dr. Edwin Gerler). (CACREP-accredited)
January 2006-May 2008	Master of Arts, School Counseling, North Carolina Central University (CACREP-accredited)
January 2002-May 2004	Bachelor of Social Work, Barton College (CSWE-accredited)
August 1998-August 2000	Associate in Applied Arts, Human Services, Pitt Community College (COHSE-accredited)

Awards/Honors

2026	NCCU Excellence in Teaching Award Recipient
2026	LEADS Summit, University of Pittsburgh Best Poster Board Winner
2025	NCSCA Counselor Educator of the Year Award Recipient
2025	NCCA Research and Creativity Award Recipient

Fellowships/Emerging Leadership

2024-2025	Emerging Leader, **North Carolina School Counselors Association**
2023-2025	Leading Emerging & Diverse Scientists to Success Fellow, **University of Pittsburgh**
2017-2018	Emerging Leader, **Association for Spiritual, Ethical, and Religious Values in Counseling**
2015-2016	NBCC Doctoral Minority Fellow, **National Board for Certified Counselors** ($20,000)
2013-2014	Preparing the Professoriate Fellow, **North Carolina State University** ($1,000)

Board Appointments

June 2023-Present Center for Child and Family Trauma, Duke University

Awarded Grants & Scholarships

October 2025 Blount, T. N. (2025). The role of school-based clinical mental health clinicians in delivering mental health counseling in Urban and Rural Schools. National Institute of Health (NIH) $83,634.

May 2024 Blount, T. N. (2024). School Counselors' Involvement in the Implementation of School-Based Mental Health Services. North Carolina Central University Faculty Research Awards Program (FRAP) $5,184.53 funded

March 2023 Blount, T. N. (2023). Maintaining Sobriety During COVID-19: The Coping Experiences of African-American Women in Sustained Recovery from Substance use (IAAOC) $500.00 funded

November 2022 Blount, T. N. (2022). Enhancing the Cultural Identity Awareness of Black, Indigenous, Counselors-In-Training through Adinkra Symbolism and Printmaking. The Association for Creativity in Counseling (ACC) $250.00 funded

July 2022 Williams, R. G., Blount, T. N. (2022). School Counselors Supporting the College and Career Readiness of Foster Youth in North Carolina. The American School Counselor Association (ASCA) $10,000 funded

January 2020 Williams, R.G., & Blount, T. (2020). North Carolina Career Development Association, (NCCDA) $800.00 funded

January 2018 University of Cincinnati, Office of the Provost, National Center for Faculty Development Faculty Success Program (NCFDD) $3,300 funded

August 2016 North Carolina State University Diversity Enhancement Grant $2,000 funded

July 2016 North Carolina State University Dissertation Completion Grant, $10,000 funded

March 2013 Durham Public Schools Student Services Grant (for travel, per diem, and boarding expenses to the American Counseling Association Conference, Cincinnati, Ohio), $1,000.00 funded

November 2008 Durham Public Schools Student Services Grant (for travel, per diem, and boarding expenses to the North Carolina School Counselors Association Conference, Greensboro, North Carolina), $500.00 funded

International Study Counseling & Research

May 2012-June 2012 Graduate Student Participant, NCSU Ghana West Africa Humanities Study Abroad Program

June 2013-August 2013 Graduate Student Participant, NCSU Ghana West Africa Humanities Study Abroad Program

Licensure and Certifications

2010-Present	North Carolina Licensed Clinical Mental Health Counselor (NBLCMHC 8317)
2010-Present	Human Services Board-Certified Practitioner
2008-Present	North Carolina Licensed School Counselor (NCLSC)
2008-Present	National Certified Counselor (NCC 239374)

Professional Leadership

2023- Present	**Postsecondary Affinity Group Leader,** North Carolina School Counselor Association
2023- Present	**Professional Development Committee Member**, North Carolina School Counselor Association
2013-2014	**Membership Chair**, Nu Sigma Chi Chapter of Chi Sigma Iota
2012-2013	**Social Justice Advocacy Member**, North Carolina School Counselor Association

Academic Appointments

July 2026-Present **Associate Professor and Field Service Coordinator, Department of Counseling & Higher Education**

January 2019-Present **Assistant Professor and Field Service Coordinator, Department of Counseling & Higher Education**
North Carolina Central University, Durham, NC

- Taught CON 5201, Ethical and Professional Orientation to Counseling
- Taught CON 5371, Pre-Practicum Counseling Skills
- Taught CON 5372, Practicum
- Taught CON 5390, Internship in Counseling
- Taught CON 5304, Advanced School Counseling
- Taught CON 5340, Counseling Students with Special Needs
- Developed, designed, and taught CON 5305: Creative Arts in Counseling
- Hosted and facilitated the 2024 North Carolina School Counselors Association Summer Academy

August 2017-January 2019 **Assistant Professor and School Counseling Field Service Coordinator**
School of Human Services College of Education, Criminal Justice, and Human Services, University of Cincinnati, Cincinnati, OH

- Taught CNSL 7060, Masters Internship in Counseling
- Taught CNSL 8012, School Counseling Leadership and Comprehensive School Counseling Program Implementation
- Advised school counseling students
- Assisted with CACREP accreditation for School Counseling

- Collaborated with Cincinnati Public Schools and surrounding school districts to build partnerships

January 2016-December 2017 **Field Supervisor,** Department of Counseling and Special Populations
Lamar University, Beaumont, TX

- Provided triadic supervision to 25 school counseling practicum students each semester
- Utilized Adobe Connect & Blackboard to communicate with students
- Provided students, site supervisor and course professor written and verbal feedback

August 2014-May 2017: **Graduate Teaching Assistant**, *Wake STEM Early College High School*
North Carolina State University, Raleigh, NC

- Designed and implemented mentor program for students transitioning to college level courses
- Served as a teaching assistant for Early College Liaison Instructor
- Counseled rising 11th and 12th-grade students with academic and social problems

August 2013-May 2017: **Graduate Teaching Assistant**, *Department of Africana Studies*
North Carolina State University, Raleigh, NC

- Served as a teaching assistant for AFS 345 and AFS 240 with Dr. Craig Brookins
- Utilized Moodle to communicate with students and course professor
- Graded and record student quizzes, test, thoughtful response papers, and final exam papers.

August 2013-December 2013: **Practicum Supervisor,** *Department of Counseling & Educational Development,*
North Carolina State University, Raleigh, NC

- Supervised three second year master's students enrolled in practicum
- Provided five hours of supervision per week, one hour for individual supervision and two hours for group supervision Provide individual and group supervision of three
- Served as a liaison for internship site supervisor

August 2012-December 2012: **Doctoral Practicum Student**, Department of *Department of Counseling & Educational Development, North* Carolina State University, Raleigh, NC

- Co-taught ECD 850, Group Counseling Master's course with Dr. Edwin Gerler

<u>Professional Counseling Experience</u>

September 2013- August 2017 **Licensed Clinician**, Youth Extensions, LLC
January 2020-Present (PT) Durham, North Carolina

- Provided outpatient clinical therapeutic services to underserved children and adolescents with identified mental health or substance abuse diagnosis.

- Conducted Comprehensive Clinical Assessments for children and adolescents.

- Provided specific treatment modalities to assist consumer and family such as psycho-educational activities/interventions designed to assist with the reduction of dysfunction.

- Services are provided with client-centered and family-centered approaches and are delivered through intensive, time-limited, goal specific interventions.

July 2008-August 2013: **Professional School Counselor**, Durham Public Schools
Riverside High School and Chewning Middle School
Durham, North Carolina

- Provided individual, group, and classroom counseling
- Coordinated Freshman Orientation in which upcoming 9th grade students are given an overview of Riverside High School
- Facilitate monthly Freshman Assemblies to reduce retention rate for 9th grade students. Topics include: Making it Count, Plagiarism, Succeeding the Riverside Way, Bullying, and Cyber-bullying
- Served on the School Leadership Team
- Served as the department representative for Professional Learning Communities
- Organized and facilitated parent nights for 9th grade students
- Conduct classroom guidance activities twice per semester on topics that include: Goal setting, preparing for the 8th grade, and career options for middle school students
- Coordinated and implement student and individual, group, and career counseling
- Chaired of school-wide enrichment opportunities for 9th-12th grade students
- Chaired of Project Graduation for seniors
- Truancy Court Member

July 2009-August 2012 **Mental Health Service Note Auditor (Part-time),** B&D Behavioral Health**,** Durham, North Carolina

- Completed weekly auditing of community-based service notes based on the DiClemente and Prochaska Stages of Change Model
- Ensured notes are Medicaid billable
- Provided feedback to writers to ensure the goals, intervention, and progress section match written person-centered goals
- Completed weekly supervision forms

May 2006-July 2008: **Graduate Assistant, School of Education**
North Carolina Central University, School of Alternative Licensure Durham, NC
- Assisted department chairperson, faculty members, and other professional staff
- Developed teaching materials (syllabi and visual aids)
- Assisted in field research for the Leave No Educator Behind Scholarship Program
- Coordinated, arranged, and conducted initial advisement sessions

May 2004-February 2006: **Clinical Case Manager,** PORT Health, Greenville, NC
- Provided intensive case management to at-risk youth and families
- Developed person-centered and crisis plans to reflect consumer's current needs
- Coordinated wrap-around services such as outpatient therapy, residential placement, and community support services
- Served as liaison with the Department of Social Services, Juvenile Justice, and School officials

September 2000-May 2004: **Mental Health Technician,** ECU Health, Greenville, NC
- Provided direct patient care on the adult, geriatric, and mentally impaired unit
- Facilitated groups and conducted individual counseling with patients
- Provided therapeutic support for psychiatric nurses and therapists

Internships

January 2008-April 2008: **Graduate Counseling Intern (600-hour Internship)**
Chewning Middle School, Durham, NC
- Facilitated individual and group counseling sessions
- Conducted classroom guidance lessons
- Organized student of the month nominations and collaborated in child and family team meetings

August 2007-December 2007: **Graduate Counseling Intern (100-hour Internship)**
Josephine Dobbs Clement Early College High School, Durham, NC
- Conducted college research seminar for 12th graders
- Facilitated "maximizing student potential" groups
- Held individual and group counseling with students

Publications (Peer Reviewed)
***denotes graduate student**

Blount, T. N., Tedder. M., Warren, J. M., * Stamer, T. (under review) submission). The Experiences of Mental Health Counselors in School-Based Service Delivery. *Journal of Child and Adolescent Counseling.*

Warren, J. M. & **Blount, T. N.** (in press). Understanding school-based-mental health services from a systems perspective. In R. Blanchard, S. Golden & A. Harrison (Eds.) Culturally

Responsive Leadership and Advocacy in Counseling and School Counseling: Practical Strategies for Students, Educators, and Practitioners. Cognella

Warren, J. M., **Blount, T. N.,** Ricks, J. (2025). The Use of Implementation Strategies in School Counseling: A Deductive Qualitative Analysis. *Professional School Counseling*, *29*(1). https://doi.org/10.1177/2156759X251342491

Gavin-Williams, R., **Blount, T. N.,** Downing, G., Artis, C., *Toone, D., & *Bethea, N. (2024). The Effects of School-Based Counseling Interventions on Students. *North Carolina Counseling Association Journal.* https://n2ca.memberclicks.net/assets/docs/Effects of School-Based%20Counseling%20Interventions%20NCCJ%20June%2024.pdf

Warren, J. M., **Blount, T. N.**, *Belle, G. (2024). Implementing effective school-based mental health services: A guide for school counselors. *Professional School Counseling.* http://10.1177/2156759X241283769

Blount, T. N., Prosek, E. A., King, K. M., Brookins, C. C. (2024). The lived experiences of African American Women in Natural Recovery: Revisioning the Role of Counselors. *International Journal for the Advancement of Counselling.* http://dx.doi.org/10.1007/s10447-024-09553-4

King, K., Whiting, P., *Toone, D., & **Blount, T. N.** (2024). How adult children of incarcerated parents experience ambiguous loss. *Family Process*, 1-20. http://doi.org/10.11111/famp.13000

Blount, T. N., & Brookins, C. C. (2021). Adinkra Symbolism, Printmaking, and the Cultural Identity of Ghanaian Emerging Young Adults. *Journal of Creativity in Mental Health.* https://doi.org/10.1080/1541383.2021.1911724

Blount, T. N., & LaGuardia, A. C., Fitzpatrick, D.C. (*2021*). African American Women Substance Use Recovery Experiences: A phenomenological Inquiry. *Journal of Counseling and Values, 66*(1), 92-110. https://doi.org/10.1002/cvj.12146

Richardson, G. B., **Blount, T. N.**, *Hanson-Cook, B. K. (2019). Life history and recovery from substance use disorders. *Review of General Psychology.* https://dx.doi.org/10.1037/gpr0000173

Blount, T.N. (2012). Drop-out Prevention: Recommendations for school counselors. *Journal of School Counseling, 10*(16). Retrieved September 16, 2012, from http://www.jsc.montana.edu/articles/v10n16.pdf

Chapters in Edited Volumes

Blount, T. N. (2024). Religion and Spirituality in Black women. In D. Baptiste & A. Gooden, *Psychotherapy with Black Women: Supporting Women to Heal and Thrive.* Cambridge University Press.

Royal, C., Williams, R. G., Kurian, K. S., **Blount, T. N.**, Barrow, J. C. (*2021).* Psychopathology: A Case-Based Approach. In D. A. Scott and M. G. Scott (Ed.), *Psychopathology.* Cognella.

Blount, T.N. (2009). The power of imagination. In T. Scheft (Ed.). *Inspiring Student Writers Strategies and Examples for Teachers* (pg. 113-121). Charlotte, NC: Information Age Publishing.

Publications (Non-Refereed)

Blount, T. N. & Barrow, J. C. (2023). Off-Cohort Students: Strategies to Increase Student Engagement. North Carolina School Counselors Association. Retrieved from https://www.schoolcounselor.org/Newsletters/January-2023/Off-Cohort-Students-Strategies-to-Increase-Engagem?st=NC

Blount, T. N. (2022). Promoting Wellness Among Supervisees During Counseling Internship. Southern Association of Counselor Education and Supervision. Retrieved from https://saces.wildapricot.org/resources/Documents/FA22%20SACES%20Newsletter%20Final[14].pdf

Blount, T. N. (2019). Promoting College and Career Readiness: Experiential learning activities for School Counselors-in-training. The National Career Development Association Monthly Web Magazine for Career Practitioners. Retrieved from *https://www.ncda.org/aws/NCDA/pt/sd/news_article/256312/_PARENT/CC_layout_details/false*

Blount, T.N. (2016). New Member Spotlight, my spiritual journey. Association for Spiritual, Ethical, and Religious Values in Counseling. Winter 2016. Volume XV, No. 2.

Blount, T.N. (2012). Somewhere over the rainbow: Bulletin board project encourages students to face challenges and find rewards at the end of the rainbow. NCSCA News.

Blount, T.N., & Roulhac, G. (2011). New pirates set sail: Freshman-only assemblies ease young Riverside Pirates' transition to high school. NCSCA News.

Blount, T.N., & Roulhac, G. (2010). The Power of PAR: Targeted interventions affect student achievement. NCSCA News.

Manuscripts Under Review and in Preparation

Blount, T. N., Warren, J. M., & *Wiley, L. (accepted). Enhancing the Cultural Identity Awareness of Black, Indigenous, Counselors-In-Training through Adinkra Symbolism and Printmaking. *Journal of Creativity in Mental Health.*

Blount, T. N., Tedder. M., Warren, J. M., * Stamer, T. (under review) submission). The Experiences of Mental Health Counselors in School-Based Service Delivery. Journal of Child and Adolescent Counseling.

Blount, T. N., Prosek, E., Kurian, K. (in progress). Maintaining sobriety during COVID-19: The coping experiences of African-American women in sustained recovery from substance use.

Blount, T. N. & Clayton, A. (in progress). Enhancing School Counselor Readiness: Student Engagement Program for Early College High School Students.

Conference Presentations

*Graduate student

Blount, T. N. (2026, July). The Experiences of Mental Health Counselors in School-Based Service Delivery. Research Centers in Minority Institutions (RCMI). Bethseda, MD.

Blount, T. N. (2026, April). The Experiences of Mental Health Counselors in School-Based Service Delivery. LEADS Summit, San Juan, Puerto Rico.

Blount, T. N. & Warren, J. M. (2025, March). Enhancing the Cultural Identity Awareness of Black, Indigenous, Counselors-In-Training through Adinkra Symbolism and Printmaking. Invited Presentation for the World Creativity Day. Association for Creativity in Counseling

Warren, J. M. & **Blount, T. N**. (2025, February). The Experiences of Mental Health Counselors in School-Based Service Delivery. North Carolina Counseling Association.

Blount, T. N. & Warren, J. M. (2025, November). Enhancing the Cultural Identity Awareness of Black, Indigenous, Counselors-In-Training through Adinkra Symbolism and Printmaking. Association for Creativity in Counseling.

Warren, J. M. & **Blount, T. N**. (2024, November). Implementing effective school-based mental health services: A guide for school counselors. North Carolina School Counselors Association.

Blount, T. N., & *Cooper, D. A. (2024, June). Self-Care for School Counselors. Presented at the North Carolina School Counselors Association Summer Academy.

Gavin-Williams, R., **Blount, T. N.** (2024, March). Reality-Based Therapy and Solution Focused Therapy. Durham Public Schools Professional Development for School Counselors.

Blount, T. N., (2024, February). *Natural Recovery Experiences of African-American Women*. Presented at the *National Board for Certified Counselors*.

Blount, T. N., Gavin-Williams, R., *Eason, K. (2023, December). Enhancing the Multicultural Competence of Counselors-In-Training through Adinkra Symbolism and Printmaking. *Association for Creativity in Counseling.*

Blount, T. N., *Norman, K., Barrow, J. C. (2022, November). *Adinkra Symbolism, Printmaking, and the Cultural Identity of Ghanaian Emerging Young Adults.* Presented at the Association for Creativity in Counseling Melbourne, FL.

Blount, T. N., *Norman, K. (2022, November). *Adinkra Symbolism, Printmaking, and the Cultural Identity of Ghanaian Emerging Young Adults.* Presented at the Southern Association of Counselor Education and Supervision. Baltimore, MD.

Blount, T. N., *Norman, K. (2022, February). *Adinkra Symbolism, Printmaking, and the Cultural Identity of Ghanaian Emerging Young Adults.* Presented at the NCCU Counselor Education

Webinar Series. Durham, NC.

Gavin-Williams, R., **Blount, T. N.,** *Toone, D., *Bethea, N. (2021, February). *Effects of School-Based Counseling Interventions on Students Repeating the 9th Grade*. Presented at the National Career Development Association Conference. Virtual.

Gavin-Williams, R., **Blount, T. N.,** *Toone, D., *Bethea, N. (2021, February). *Effects of School-Based Counseling Interventions on Students Repeating the 9th Grade*. Presented at the North Carolina Counseling Association Conference. Virtual.

Gavin-Williams, R., **Blount, T. N.**, *Toone, D., *Bethea, N. (2020, October). *Discussing Realizing and Achieving Maximum Success: Supporting Students Academically At-Risk*. Presented at the North Carolina Career Development Association Conference. Virtual.

Blount, T. N., Tedder, M., *Prioleau, B., *Gardner, K. (2020, February). *School Based Mental Health Counseling: Understanding the School Environment from an Ecological Perspective*. Presented at the North Carolina Counseling Association Conference. Charlotte, NC.

Barrow, J.C., Moran, J., **Blount, T. N.** (2020). *Supervising our School Counselors*. Presented at the North Carolina Counseling Association Conference. Charlotte, NC.

Blount, T. N. (2019, November). *School Counselors Role in Facilitating School Based Mental Health Services*. Presented at the NCCU Counselor Education Fall 2019 Drive-in Workshop, Durham, NC.

Blount, T. N., & Fitzpatrick, D. (2019, May). *"I know I've Been Changed:" An examination of African American Women Use Spirituality, Religion, and Family to Achieve Sustained Recovery from Substance Use Disorders.* Presented at the National Board for Certified Counselors 2019 Bridging the Gap Symposium in Atlanta, Georgia.

Lanman, S. A., **& Blount, T. N.** (2018, November). *Working the Line? Ethical Gatekeeping for Counseling Supervisors*. Presented at the All Ohio Counselors Conference, Columbus, OH.

Blount, T. N., & Fitzpatrick, D. (2018, July). *Recovery Experiences of African American Women*. Presented at the Association for Spiritual, Ethical, and Religious Values in Counseling, Dallas, TX.

Wood, A., & **Blount, T. N.** (2018, April). *Low-Fee and Pro Bono Counseling: Ethical Imperatives and Practical Concerns*. Presented at the American Counseling Association, Atlanta, GA.

Ricks, J. & **Blount, T. N.** (2017). *Preparing data-driven school counselors*. Presented at the Association for Counselor Education and Supervision Conference, Chicago, IL.

Blount, T. N. (2017). *African American Women Substance Use Recovery Experiences*. Presented at the annual North Carolina Counselors Association Conference, Durham, NC.

Blount, T. N. (2016). *Enhancing School Counselor Readiness: Student Engagement Program for Early College High School Students*. Presented at the annual North Carolina School Counselor Association

Conference, Greensboro, NC.

Blount, T. N., & Brett, M. (2016). *Bringing hope through community resources: Raising the next generation is a shared responsibility.* Presented at the National Board for Certified Counselors 2016 Bridging the Gap Symposia, Reston, VA.

Blount, T.N. (2016). *A year in review as a 2015 Minority Fellowship Doctoral Fellow: Substance use recovery and wellness.* Poster Presentation, National Board for Certified Counselors 2016 Bridging the Gap Symposium, Reston, VA.

Gavin, R., & **Blount, T.N** (2014, November). *Assisting Adolescents with post-secondary education and career decision making*, Presented at the annual North Carolina School Counselor Association Conference, Greensboro, NC.

Kennedy, S., Baker, S., Nemiro, A., Tajhili, M.H., & **Blount, T. N.** (2013, March). *Professional Counseling: Perspectives from around the world,* Poster Presentation, American Counselor Association Conference, Cincinnati, OH.

Kennedy, S., Baker, S., Nemiro, A., Tajhili, M.H., & **Blount, T. N.** (2013, March). *Professional Counseling: Perspectives from around the world,* Poster Presentation, North Carolina Counselor Association Conference, Greensboro, NC.

Blount, T.N. (2011, November). *Writing progress notes the SOAP format.* Poster Presentation, Licensed Professional Counselors Association of North Carolina Conference, Greensboro, NC.

Blount, T.N., Hango, R., Sebring, C. (2011, November). *Freshmen pirates find treasures to promotion.* Presented at the annual North Carolina School Counselor Association Conference, Greensboro, NC.

Blount, T.N., & Hango, R.M. (2010, March). *Succeeding the Riverside Way*, Presented at the annual meeting of the Education Trust National Center for Transforming School Counseling Training for School Counselors, Durham, NC.

Blount, T.N., & Roulhac, G. (2010, October). *The Power of PAR: Targeted interventions affect student achievement.* Presented at annual the North Carolina School Counselor Association Conference, Greensboro, NC.

Blount, T.N., & Wiggins, M.J. (2009, March). *Designing activities to help all students meet high academic standards.* Presented at the meeting of the Education Trust National Center for Transforming School Counseling Training for School Counselors, Durham, NC.

Clare, G., & **Blount, T.N.** (2007, June). *North Carolina at a glance: Social factors underlying health outcomes in multi-problem youth.* Presented at the Annual College on Drug Abuse and Dependency Conference, Quebec City, Canada.

Blount, T.N. (2007, October). *College Research Seminar.* Paper presented at Josephine Dobbs Clement Early College High School, Durham, NC.

Guest Lectures and Presentations

Blount, T. N., & Barrow, J. C. (2024, September). School Counselors as Leaders. Durham Public Schools Counselors Meeting

Williams, R.G. **& Blount, T. N.** (2024, November). Career and college readiness. Raleigh Jack and Jill Chapter of the Triangle.

Williams, R.G. & **Blount, T. N.** (2024, November). Career and college readiness. Wake County Foster Care Links.

Order our Steps: A Moment of Self-Care. Invited presenter for The River Church of Durham and Victory**, The River Church of Durham & Victory at Calvary** (May 2021).

Using Data to Drive your School Counseling Program. Invited presenter for Durham Public Schools School Counselor Retreat, **Durham Public Schools** (August 2019).

Advocacy efforts for School Counselors. Diversity Workgroup Advocacy. Invited panelist for The Diversity Workgroup, **University of Cincinnati** (April 2018).

Assisting Adolescents with post-secondary education and career decision-making. Invited lecture for **Fayetteville Public Schools Secondary School Counselors** (November 2015).

Negotiated Roundtable Discussion North Carolina State University. Panel discussion facilitated at Nu Sigma Chi Chapter, **North Carolina State University** (April 2015).

From Africa to America: Exploring the Impact of Adinkra Symbolism amongst the ethnic identity development of Ghanaian Adolescents. Invited lecture undergraduate class in Africana Studies, **North Carolina State University** (May 2015).

Professional Counseling: Perspectives from around the world. Invited lecture undergraduate class in Human Service Studies, **Elon University** (April 2013).

Chi Sigma Iota Study Abroad Roundtable Discussion. Facilitated at Chi Sigma Iota Meeting, **American Counseling Association Conference**, Cincinnati, Ohio (February 2013).

Journal Editorship and Reviewing

2020-Present	**Journal of Counseling and Values**, Editorial Member
2019-Present	**Journal of Mental Health Counseling**, Editorial Member
2018-Present	**Journal of Professional School Counseling**, Editorial Member

University Service

2019-Present **North Carolina Central University**, School of Education
Higher Education Administration Search Committee (Fall 2023)
Field Service Coordinator (2019-Present)
Coordinator of Graduation Reception (2022-Present)
Educational Technology Search Committee (Summer 2021)
Educational Technology Search Chair (Spring 2022)

Clinical Partnerships and Practice Subcommittee (2022-Present)
Campus Security Authority (Fall 2021-Present)

2017-2019 **University of Cincinnati**, School of Human Services
Field Service Coordinator School Counseling
CACREP and Graduate Review Team Member
Doctoral Committee Member
School Counseling Search Committee, Committee Member
Masters and Doctoral Applicant Interview and Selection Committee

Spring 2018 Career Quest School Counseling Recognition Awards Applicant Reviewer
Spring 2018 Yates Fellowship Program Selection Committee

Awards/Honors & Professional Recognition

February 2025 **North Carolina Counseling Association**, Creativity in Innovation Award Recipient
January 2024 **North Carolina School Counselors Association,** Emerging Leader
August 2017 **Association for Spiritual, Ethical, and Religious Values in Counseling**, Emerging Leader
February 2016 **North Carolina Counseling Association**, Member Spotlight Interview
January 2016 **North Carolina Counseling Association**, Multicultural Most Improved Division
August 2012 **Riverside High School**, Counselor of the Month
January 2012 **Golden Key International Honor Society Recipient**
November 2011 **Pitt Community College Outstanding Alumni Awardee**
February 2011 **Healing for the Family**: Friend of the Week Feature
August 2010 **My Life, My Story Feature**: American Counseling Association Counseling Today Magazine
November 2009 **Educator of the Month**, Riverside High School
April 2009 **Scholarship Attendee Recipient**, Hill Center Durham, NC
March 2009 **Educator of the Month**, Chewning Middle School
December 2007 Scheft, T. (2007, December 3). **Teaching Matters: Sensational Students: A closer look at some of our best and brighter students.**
March 2007 **CPDD Primm-Singleton Travel Award Recipient**, College on Drug Abuse and Dependency

Scholarships

May 2016 **Shaver-Hitchings Scholarship for research in drug and alcohol addiction** ($1,500)
August 2014 **NCSU Minority Scholarship Grant Recipient** ($2,000)
May 2012 **NCSU Africana Studies Study Abroad Scholarship Recipient** ($3,000)
May 2011 **Doctoral Level Nancy Howell Scholarship Recipient**, Licensed Professional Counselor Association of North Carolina ($500.00)
2006- 2008 **Leave No Educator Behind Scholarship Recipient**, North Carolina Central University ($3,000 per semester)
2002-2004 **Barton College Transfer Honors Scholarship Recipient (**$3,000 per semester**)**
1998- 2000 **North Carolina Community College Scholarship Recipient**, Pitt Community College ($2,500 per semester)

School- Based Leadership Responsibilities

Truancy Court Review Committee Member, Durham Public Schools, 2008-2013
Research Intervention Team Committee Member, Durham Public Schools, 2009-2013
Project Graduation for 12th graders Chair, Durham Public Schools, 2009-2013
Summer Bridge for 9th graders Coordinator, Durham Public Schools, 2012-2013

Community Service Engagement

Cincinnati 1N5 and Mind Peace, High School Brain Health Network, February 2018
Greene County Public Schools, Back to School Drive, 2015
North Carolina State University Ghana Village Education Project, 2012-Present
Healing Transitions of Wake County, 2015-Present

Professional Associations

National Professional Associations

2014-Present Association of Counseling Education and Supervision
2014-Present National Association of Mental Illness of North Carolina Member
2012-Present American Mental Health Counselor Association Member
2012-Present Association for Creativity in Counseling Member
2010-Present National Organization for Human Services Member
2009-Present Association for Multicultural Counseling and Development
2007-Present American Counseling Association Member
2007-Present American School Counselor Association Member
2007-Present Chi Sigma Iota International Counseling Honor Society Member

State and Regional Professional Associations

2013-Present Southern Association of Counselor Education and Supervision Member
2010-Present Licensed Professional Counselors Association of North Carolina Member
2007-Present North Carolina School Counselor Association Member
2007-Present North Carolina Counselor Association Member