PRESENATION REQUEST FORM

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Please return this Request Form to the Counseling Center, Student Health Building, 2nd Floor. For additional information, call 530-7646. A confirmation statement will be provided to reserve your presentation slot.

Counseling Center Presentation Topics

Cultural Diversity/Multiculturalism

Appreciating Differences

Accepting Challenges in Abilities

Coping Effectively with Life Changes

Stress Management

Management of Loss and Change

Coping with College

Crisis Intervention and Management

Personal and Professional Growth Strategies

Values Clarification

Assertiveness Training

Time Management

Developing a Philosophy of Health and Wellness

Anger and Conflict Management

Problem Solving Techniques and Skills

Vocational Interest Assessment

Effective Study Skills

Developing a Positive Attitude

Relationships

Developing Healthy Relationships

Domestic Violence

Conflict Resolution

Negotiating Sex in Relationships

Male/Female Relationships

Clinical Issues

Alcohol and other Drugs Awareness and Abuse Surviving Physical, Sexual or Emotional Trauma

Depression

Anxiety

Eating Habits and Body Image Issues

Rape and Sexual Assault

Helper and Leader Skills Training

Effective Communication

Mentoring

Team Building

Student Leadership Skills

Personality and Career Assessments

Vocational Decision Making

Interests Assessments

Counseling Center Staff Profiles

Carolyn D. Moore, Ph.D.

Is a licensed clinical psychologist and has been working in the field of clinical psychology for over 25 years. She has earned a MS(R) and Ph.D. in clinical psychology from Saint Louis University in St. Louis, Missouri. Her clinical experience has been with children, adolescents and adults in individual, group, family and couples therapy. Her areas of specialization have been with individuals with a history of victimization or abuse and with severe psychopathology. In addition to counseling, Dr. Moore has provided workshops and training activities in a variety of areas including rape and domestic violence, conflict and anger management, team building and workplace applications of the Myers-Briggs typology.

Sherman E. Freeman, B.S., M.A.

Has been a faculty and staff member at NCCU since 1979 and is certified by the state of North Carolina in Education Administration and in teacher education. He has worked as a public school counselor and is currently taking graduate courses in Education Administration. He has a MA in Counseling and has been trained as an AIDS/HIV/STD counselor. He has conducted numerous presentations with students on personal and social development, including stress reduction, anger management, health and wellness, sexual and social maturation, self esteem, developing a positive attitude and financial planning.

Jody C. Grandy, M.A.

Is an alumna of North Carolina Central University. Ms. Grandy holds a B.A. in Psychology and a M.A. in Counseling. She is currently working towards a Licensed Professional Counselor (LPC) certification for the state of North Carolina. Her work experience includes STD/HIV/AIDS counseling, Human Service counseling to sexually and emotionally abused teenagers and young adults and lastly psychiatric inpatient treatment for adolescent males and dual diagnosed adults.

Angela E. Lee, PhD

Has earned her Doctorate in Counseling Psychology, a Master's and Specialist Certification in School Psychology from Howard University. She is certified as a School Psychologist and pursing licensure in North Carolina. Dr. Lee has over 10 years of experience in individual and group counseling and assessment, crisis intervention and consultation to children, adolescents, and adult populations from diverse backgrounds. In addition to her clinical duties, Dr. Lee enjoys teaching and mentoring Master's level counselors and undergraduates pursuing psychology careers. Her research and clinical interests include social-emotional concerns of women, sexual violence prevention, couples counseling, work-life balance and the relationship between stress and health. She has conducted numerous presentations with students on career development, stress management, rape/domestic violence prevention, developing healthy relationships, healthy eating, and college adjustment.

This is a listing of topics that the North Carolina Central University Counseling Center staff members may be called upon to arrange a presentation, workshop or seminar suitable for your group's programming needs. These topics cover a broad range of subject areas such as:

Cultural Diversity/Multiculturalism

Coping Effectively with Life Changes

Personal and Professional Growth Strategies

Relationships

Mental Health Issues

Helper and Leader Skills Training

Personality and Career Assessments

And others....

We hope that ideas here will stimulate your planning for program and curriculum-based needs. The topic areas are suggestions around which planning can occur. To get the full advantage of our expertise, however, it is advisable to contact us when you begin your planning.

Our seminars and experiential workshops may be used by faculty to apply toward partial course credit.. Student organizations, other campus-based groups and faculty may request a speaker/facilitator from the Counseling Center, ordinarily, at no additional cost.

Division of Student Affairs

Counseling Center Staff

Director

Carolyn D. Moore, Ph.D. Licensed Clinical Psychologist

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Hours of Operation

Monday-Friday

8:00 a.m. – 5:00 p.m.

Contact Information

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Student Health & Counseling Services
Student Health Building, 2nd Floor
P.O. Box 19491

Durham, North Carolina 27707 Phone: (919) 530-7646

Fax: (919) 530-5270

Student Health & Counseling Services

Welcome to the Counseling Center





North
Carolina
Central
University