



James E. Shepard, Founder

Dear Student:

The Student Health and Counseling Services (SHCS) at NORTH CAROLINA CENTRAL UNIVERSITY looks forward to serving you.

30 days prior to enrollment at the University, the accompanying medical history form which includes an official record of immunizations must be submitted to SHCS. A physical examination is also encouraged.

North Carolina Public Health Law requires proof of immunizations to protect you and others while at North Carolina Central University. A person shall present a certificate or record of immunization on or before the date the person first registers for a semester during which the student will reside on the campus or first register for four or more credit hours. If a certificate or record of immunization is not in the possession of Student Health and Counseling Service on the date of first registration, the University shall present a notice of deficiency to the person.

Please attach copies of any records that will verify your immunizations. This information can be obtained from multiple sources including pediatrician, parents, armed services, high school, previous college or University, foreign travel and/or other health department records. Keep a copy of all immunization records for your personal files.

Failure to provide your completed immunization record by the deadline date will result in your classes being dropped and loss of your financial aid.

Please provide your Social Security number. All international students must provide their temporary ID number if they do not have a Social security number.

Student Health services provides a variety of medical and other health care services that can be viewed on our web site at Student Health and Counseling:

<http://www.nccu.edu/students/student-services/healthandcounseling/index.cfm>

For more information about the immunization requirement, go to: [www.immunizenc.com/college.htm](http://www.immunizenc.com/college.htm)

The regular administrative office hours are Monday-Friday from 8:00 a.m. to 5:00 p.m. Our telephone number is 919-530-6317 and the fax number is 919-530-7969.

Respectfully yours,

Student Health and Counseling Services

**GUIDELINES FOR COMPLETING IMMUNIZATION RECORD**

**IMPORTANT** - The immunization requirements must be met; or according to NC law, you will be withdrawn from classes without credit.

Acceptable Records of Your Immunizations May be Obtained from Any of the Following Be certain that your name and Social Security/ID Number appear on each sheet and that all forms are mailed together. The records must be in black ink and the dates of vaccine administration must include the month, day, and year on a copy for your records.

- High School Records - These may contain some, but not all of your immunization information. Contact Student Health for help if needed.
- Personal Shot Records - Must be verified by a doctor's stamp or signature or by a clinic or health department stamp.
- Local Health Department.
- Military Records or WHO (World Health Organization Documents).
- Previous College or University -Your immunization records do not transfer automatically. You must request a copy.

<b>SECTION A: IMMUNIZATION REQUIREMENTS ACCORDING TO AGE</b>	
<b>I. STUDENTS 17 YEARS OF AGE OR YOUNGER</b>	<b>II. STUDENTS BORN IN 1957 OR LATER AND 18 YEARS OF AGE OR OLDER</b>
Vaccine Required	Vaccine Required
3 DTP ( <i>Diphtheria- Tetanus-Pertussis</i> ) or Td ( <i>Tetanus-Diphtheria</i> ) doses. 1 Td ( <i>Tetanus-Diphtheria</i> ) dose must be within the last 10 years. 3 POLIO (oral) doses. 2* MEASLES ( <i>Rubeola</i> ) one dose on or after 12 months of age, the 2 <sup>nd</sup> after 15 months of age. (2 MMR doses meet this requirement.) 1** RUBELLA ( <i>German measles</i> ) dose. 2** MUMPS	3 DTP ( <i>Diphtheria- Tetanus-Pertussis</i> ) or Td ( <i>Tetanus-Diphtheria</i> ) doses. 1 Td ( <i>Tetanus-Diphtheria</i> ) dose must be within the last 10 years. 2* MEASLES ( <i>Rubeola</i> ) one dose on or after 12 months of age, the 2 <sup>nd</sup> after 15 months of age. (2 MMR doses meet this requirement.) 1** RUBELLA ( <i>German measles</i> ) dose. 2** MUMPS
<b>III. STUDENTS BORN PRIOR TO 1957 AND 49 YEARS OF AGE OR YOUNGER</b>	<b>IV. STUDENTS 50 YEARS OF AGE AND OLDER</b>
Vaccine Required	Vaccine Required
3 DTP ( <i>Diphtheria- Tetanus-Pertussis</i> ) or Td ( <i>Tetanus-Diphtheria</i> ) doses. 1 Td ( <i>Tetanus-Diphtheria</i> ) dose must be within the last 10 years. (If a Td booster is the only dose you document, it must be clearly marked as a booster.) 1** RUBELLA ( <i>German measles</i> ) dose.	3 DTP ( <i>Diphtheria- Tetanus-Pertussis</i> ) or Td ( <i>Tetanus-Diphtheria</i> ) doses. 1 Td ( <i>Tetanus-Diphtheria</i> ) dose must be within the last 10 years. (If a Td booster is the only dose you document, it must be clearly marked as a booster.)
<b>V. INTERNATIONAL STUDENTS</b>	
Vaccine Required	
Vaccines are required according to age (refer to appropriate box). Additionally, international students are required to have a TB skin test and negative result within the 12 months preceding the first day of classes (chest x-ray required if test is positive).	

\* Must repeat Rubeola (measles) vaccine if received even one day prior to 12 months of age. History of physician-diag nosed measles disease is acceptable, but must have signed statement from physician.

\*\* Only laboratory proof of immunity to rubella or mumps disease is acceptable if the vaccine is not taken. History of rubella or mumps disease, even from physician, is not acceptable.

**SECTION B:** These vaccines are **RECOMMENDED**. Some may be required by certain departments. Consult your college or department for specific requirements.

**SECTION C:** These vaccines are **OPTIONAL**.

**\* Required**

**REPORT OF MEDICAL HISTORY** (Please print in black ink) **To be completed by student**

LAST NAME (print) \_\_\_\_\_ FIRST NAME \_\_\_\_\_ MIDDLE NAME \_\_\_\_\_ \*SOCIAL SECURITY NUMBER \_\_\_\_\_

PERMANENT ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ AREA CODE/PHONE NUMBER \_\_\_\_\_

DATE OF BIRTH (mo/day/yr) \_\_\_\_\_ GENDER  M  F MARITAL STATUS  S  M  OTHER \_\_\_\_\_

CLASS YOU ARE ENTERING (circle): FR. SO. JR. SR. GRAD. PROF.	PREVIOUSLY ENROLLED HERE <input type="checkbox"/> YES <input type="checkbox"/> NO IF YES, DATES _____	SEMESTER ENTERING (circle): FALL SPRING SUMMER1 SUMMER2 OTHER YEAR20
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BANNER ID #: \_\_\_\_\_

NAME OF PERSON TO CONTACT IN CASE OF AN EMERGENCY \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ AREA CODE/PHONE NUMBER \_\_\_\_\_

The following health history is confidential, does not affect your admission status and, except in an emergency situation or by court order, will not be released without your written permission. Please attach additional sheets for any items that require fuller explanation.

**FAMILY & PERSONAL HEALTH HISTORY** (Please print in black ink) **To be completed by student**

Has any person, related by blood, had any of the following:

	Yes	No	Relationship		Yes	No	Relationship		Yes	No	Relationship
High blood pressure				Cholesterol or blood fat disorder				Cancer (type:)			
Stroke				Diabetes				Alcohol/drug problems			
Heart attack before age 65				Glaucoma				Psychiatric illness			
Blood or clotting disorder								Suicide			

HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_

Have you ever had or have YOU now: (please check at right of each item and if yes, indicate year of first occurrence)

	Yes	No	Year		Yes	No	Year		Yes	No	Year		Yes	No	Year
High blood pressure				Hay fever				Jaundice or hepatitis				Kidney stones			
Rheumatic fever				Allergy Injection therapy				Rectal disease				Protein or blood in urine			
Heart trouble				Arthritis				Severe or recurrent abdominal pain				Hearing loss			
Pain or pressure in chest				Concussion				Hemilia				Sinusitis			
Shortness of breath				Frequent or severe headache				Easy fatigability				Severe menstrual cramps			
Asthma				Dizziness or fainting spells				Anemia or Sickle Cell Anemia				Irregular periods			
Pneumonia				Severe head injury				Eye trouble besides need glasses				Sexually transmitted disease			
Chronic cough				Paralysis				Bone, joint, or other deformity				Blood transfusion			
Head or neck radiation treatments				Disabling depression				Knee problems				Alcohol use			
Tumor or cancer (specify)				Excessive worry or anxiety				Recurrent back pain				Drug use			
Malaria				Ulcer (duodenal or stomach)				Neck injury				Anorexia/Bulimia			
Thyroid trouble				Intestinal trouble				Back Injury				Smoke 1+ pack cigarettes/week			
Diabetes				Pilonidal cyst				Broken bone (specify)				Regularly Exercise			
Serious skin disease				Frequent vomiting				Kidney Infection				Wear Seat Belt			
Mononucleosis				Gall bladder trouble or gallstones				Bladder Infection				Other (specify)			

Please list any drugs, medicines, birth control pills, vitamins and minerals (prescription and nonprescription) you use and indicate how often you use them.

Name \_\_\_\_\_ Use \_\_\_\_\_ Dosage \_\_\_\_\_ Name \_\_\_\_\_ Use \_\_\_\_\_ Dosage \_\_\_\_\_

Name \_\_\_\_\_ Use \_\_\_\_\_ Dosage \_\_\_\_\_ Name \_\_\_\_\_ Use \_\_\_\_\_ Dosage \_\_\_\_\_

Name \_\_\_\_\_ Use \_\_\_\_\_ Dosage \_\_\_\_\_ Name \_\_\_\_\_ Use \_\_\_\_\_ Dosage \_\_\_\_\_

Name \_\_\_\_\_ Use \_\_\_\_\_ Dosage \_\_\_\_\_ Name \_\_\_\_\_ Use \_\_\_\_\_ Dosage \_\_\_\_\_

~ Provision of Social Security number is voluntary, is requested solely for administrative convenience and record-keeping accuracy, and is requested only to provide a personal identifier for the internal records of this institution.

**FAMILY AND PERSONAL HEALTH HISTORY-CONTINUED** (Please print in black ink) To be completed by student

Check each item "Yes" or "No." Every item checked "Yes" must be fully explained in the space on the right (or on an attached sheet).

Have you ever experienced adverse reactions (hypersensitivities, allergies, upset stomach, rash, hives, etc.) to any of the following? If yes, Please explain fully the type of reaction, your age when the reaction occurred, and if the experience has occurred more than once.

Adverse Reactions to:	Yes	No	Explanation
Penicillin			
Sulfa			
Other antibiotics (name)			
Aspirin			
Codeine other pain relievers			
Other drugs, medicines, chemicals (specify)			
Insect bites			
Food allergies (name)			

	Yes	No	Explanation
Do you have any conditions or disabilities that limit your physical activities? (Is yes, please describe)			
Have you ever been a patient in any type of hospital? (Specify when, where, and why)			
Has your academic career been interrupted due to physical or emotional problems? (Please explain)			
Is there loss or seriously impaired function of any paired organs? (Please describe)			
Other than for a routine check-up Have you seen a physician or health-care professional in the past six months? (Please describe)			
Have you ever had any serious illness or injuries other than those already noted? (Specify when, where, and give details)			

**IMPORTANT INFORMATION ...PLEASE READ AND COMPLETE**

**STATEMENT BY STUDENT (OR PARENT/GUARDIAN, IF STUDENT UNDER AGE 18):**

- (A) I have personally supplied (reviewed) the above information and attest that it is true and complete to the best of my knowledge. I understand that the information is strictly confidential and will not be released to anyone without my written consent, unless otherwise permitted by law. If I should be ill or injured or otherwise unable to sign the appropriate forms, I hereby give my permission to the institution to release information from my (son/daughter's) medical record to a physician, hospital, or other medical professional involved in providing me (him/her) with emergency treatment and/or medical care.
- (B) I hereby authorize any medical treatment for myself (my son/daughter's) that may be advised or recommended by the physicians of the Student Health Service. (Not applicable to community colleges)
- (C) I am aware that the Student Health Service charges for some services may be billed through the University cashier if the account is not paid at the time of visit. I accept personal responsibility for settling the account with the Cashier and for payment of incurred charges. I am responsible for filing outpatient charges with insurance and acknowledge that my responsibility to the university is unaffected by the existence of insurance coverage. (Not applicable to community colleges)
- (D) Students taking 6 or more credit hours of campus classes are required to have health insurance. Students with private insurance can "waive out" of the University sponsored plan and have their account credited by visiting [bbsnc.com/nccu](http://bbsnc.com/nccu) and completing an on-line waiver. Waiver deadlines vary each semester.

Signature of Student

Date

Signature of Parent/Guardian, if student under age 18

Date

(Encouraged but not Required)

**PHYSICAL EXAMINATION** (Please print in black ink) To be completed and signed by physician or clinic

A physical examination is required by some schools and/or programs (consult your college or department for specific requirements). If required, it must be completed in black ink and signed by a physician or clinic.

Last Name	First Name	Middle Name	Date of Birth (mo/day/year)	Social Security Number
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Permanent Address	City	State	Zip Code	Area Code/Phone Number
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Height \_\_\_\_\_ Weight \_\_\_\_\_ TPR \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ BID \_\_\_\_\_ / \_\_\_\_\_

<b>IF REQUIRED:</b> Vision: Corrected Right 20/ _____ Left 20/ _____ Uncorrected Right 20/ _____ Left 20/ _____ Color Vision _____ Hearing (gross) Right _____ Left _____ 15 ft. Right _____ Left _____	<b>IF REQUIRED:</b> Urinalysis: Sugar: _____ Albumin _____ Micro _____ Hgb or Hct (if indicated) _____ STS (may be required by some departments) Date _____ Results _____ Recommendations _____
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Are there abnormalities?	Normal	Abnormal	DESCRIPTION (attach additional sheets if necessary)
1. Head, Ears, Nose, Throat			
2. Eyes			
3. Respiratory			
4. Cardiovascular			
5. Gastrointestinal			
6. Hernia			
7. Genitourinary			
8. Musculoskeletal			
9. Metabolic/Endocrine			
10. Neuropsychiatric			
11. Skin			
12. Mammary			

- A. Is there loss or seriously impaired function of any paired organs? Yes \_\_\_\_\_ No \_\_\_\_\_  
Explain \_\_\_\_\_
- B. Is student under treatment for any medical or emotional condition? Yes \_\_\_\_\_ No \_\_\_\_\_  
Explain \_\_\_\_\_
- C. Recommendation for physical activity (physical education, intramurals, etc.) Unlimited \_\_\_\_\_ Limited \_\_\_\_\_  
Explain \_\_\_\_\_
- D. Is student physically and emotionally healthy? Yes \_\_\_\_\_ No \_\_\_\_\_  
Explain \_\_\_\_\_

\* Only for Students Admitted to a HEALTH SCIENCES PROGRAM \*

Based on my assessment of this student's physical and emotional health on \_\_\_\_\_ (Date), he/she appears able to participate in the activities of a health profession in a clinical setting. Yes \_\_\_\_\_ No \_\_\_\_\_ if no, please explain \_\_\_\_\_

Signature of Physician/Physician Assistant/Nurse Practitioner \_\_\_\_\_ Date \_\_\_\_\_

Print Name of Physician/Physician Assistant/Nurse Practitioner \_\_\_\_\_ Area Code/Phone Number \_\_\_\_\_

Office Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

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