

2nd Annual Fill My BackPack 5K Run/Walk

sponsored by North Carolina Central University School of Education

The Cause

North Carolina Central University School of Education is the host sponsor of the 2nd Annual Fill My BackPack 5K Run/Walk. This fun event helps the Inter-faith Food Shuttle BackPack Buddies Program fill over 470 backpacks with food for children to eat over the weekend and deliver to schools in Durham County. We are striving for 500 Participants (Runners/Walkers) and 100 volunteers with a goal of raising \$10,000 to donate to this cause.

“As educators and future educators, we are striving now more than ever to partner with our surrounding communities to bring about the change we all want to see. This event is an extension of our community engagement and service to local public schools. The NCCU School of Education is committed to assist in this cause.”

Cheresa Clemons
Assistant Professor
Event Organizer

Race Information:

Get warmed up with a DJ and get some tips at the First Time Runners' Station during kick-off right before the race.

During the race, participants will be able to run/walk with a self-decorated backpack and pass 12 cheering stations (every quarter mile) ran by surrounding schools, campus and community organizations. You will be cheered on to the finish line with posters, encouraging words, bubbles, music, and more!

Participants will receive a souvenir backpack while available.

When and Where:

Saturday, September 27, 2014

The race will start at 9:00am at the Alfonso Elder Student Union located on the campus of NCCU and travel through campus toward Highway 55, ending at the Alfonso Elder Student Union.

Registration Deadlines:

K-12 Students- \$25.00 NCCU Students- \$25.00 Adult- \$30.00

Online registration is available until Thursday, September 25, 2014.

In-person registration

Paper registration will be available on prerace packet pick-up day (Friday, September 26, 2014 and Race Day for an additional \$5.00.

K-12 Students- \$30.00 NCCU Students- \$30.00 Adult- \$35.00

Register at <http://www.sportoften.com/events/eventDetails.cfm?pEventId=13051>.

How Do I Sign Up?

To participate in the race, visit

<http://www.sportoften.com/events/eventDetails.cfm?pEventId=13051>.

To volunteer for the event (NCCU students only), visit

https://docs.google.com/forms/d/1gRuy2PHcfChU7tOZIE4dp5JGyg7TD4Zi-EvX9onSKz8/viewform?usp=send_form

Restrictions:

No pets.

Updating or Adding Group/Team Affiliation:

You can update or add your group affiliation for your existing Fill My Backpack 5K registration by logging onto <http://www.sportoften.com>, then click on the red **My History** tab on the top right of the home page, where you will find your registration.

Refunds & Transfer Policy:

All registration fees are non-refundable. Event registrations are non-transferable between individuals, events, or years.

Packet Pick-up

Prerace Day: Friday, September 26, 2014

Location: Omega Sports-Renaissance at Southpoint, 8200 Renaissance Pkwy, Durham, NC

Time: 4-7PM

Race Day: Saturday, September 27, 2014

Location: NCCU-Alfonso Elder Student Union (Intersection of Fayetteville Street and Nelson Street)

Time: 8:00-8:45AM

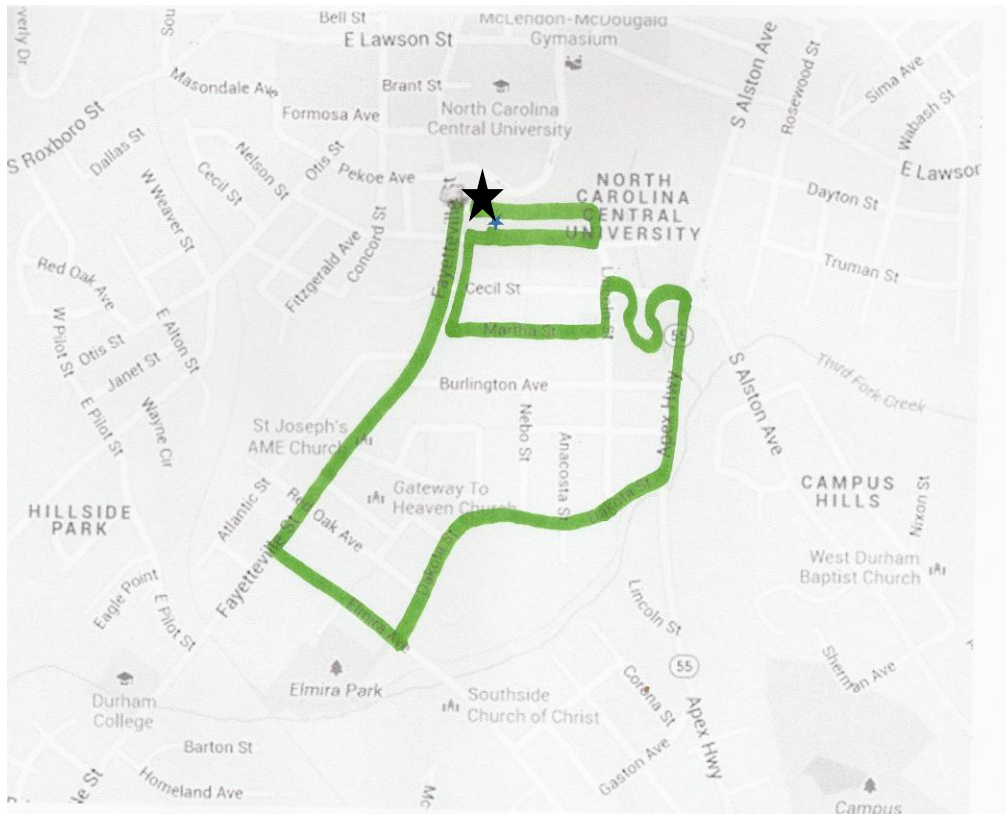
Race Day Information

First Time Runners Station: 8:30AM

Start Time: 9:00AM

Start and Finish Line Locations are the same: NCCU-Alfonso Elder Student Union

Course Map



Bathrooms are located inside the student union.

Weather Policy:

Races are held, rain or shine, unless determined that conditions are too dangerous. This will be based on a prudent decision made on race weekend or race day by local law enforcement officials. If the race is canceled due to inclement weather there will be neither refunds nor transfers. This position is consistent with USA Track & Field recommendations and with the protocol of sharing the risks associated with the sport of running. In the event of inclement weather or unforeseen circumstances, we reserve the right to alter, cancel or eliminate any/all portions of the race.

Divisions/Awards

Awards ceremony will begin at 10AM.

Awards

Top Overall Male and Female receive an award

Top Male/Female Finisher in each age group receive an award

(Age groups: 12 & Under, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60+)

Prizes

Most creative backpack (wear an empty decorated backpack)

Biggest team

Best-Dressed Team

Over 25 Raffle prizes

Need More Information?

For more information, contact Dr. Cheresa Clemons at 919-530-7842 or cclemons@nccu.edu.